

Be Good to Me

拍數: 72 牆數: 2 級數: Easy Intermediate
編舞者: Chas Oliver (UK) - October 2014
音樂: Better Be Good to Me - Tina Turner



#32 Count Intro. (No tags No Restarts)

Section 1, Cross Right ,hold, Cross left, Hold, 3 prissy walks, Hold.

1,2,3,4 Cross Right over Left, turn body to Left, Hold for 1 count, Cross Left over Right, turn body to Right, Hold for 1 count,
5,6,7,8 Walk forward, Cross Right over Left, Cross left over right, cross Right over Left, Hold. 1 count,

Section 2, Cross Left, Hold, Cross Right, Hold, 3 prissy walks, Hold.

1,2,3,4 Cross Left over Right ,turn body to Right, Hold. 1 count, Cross Right over Left, turn body to Left, Hold .1 count,
5,6,7,8 walk forward cross Left over Right, Cross Right over Left, cross Left over Right, Hold.[:9 1 count,

Section 3, Chasse right, rock back, chasse Left, rock back,

1&2, 3,4 Step Right to side, step Left to Right, step Right to side, rock Left behind Right, recover on Left,
5&6, 7,8 Step Left to side, step Right to Left, step Left to side, rock Right behind Left, recover on Left,

Section 4, Syncopated weave to Right, cross Left behind right, unwind 1/2 turn, & kick ball change

1,2,&3,4 Step Right to side, step Left behind Right, & step Right to side, cross Left across Right, step Right to side,
5,6,7&8 Cross Left behind right, unwind ½ turn to Left, kick Right forward, step Right next to Left, step Left in place,

Section 5, Repeat Section - 4) Syncopated weave Right, cross Left behind Right , unwind ½ turn , Right kick ball change,

Section 6, Kick forward , side, coaster step with Right & Left.

1,2,3&4 Kick Right forward, kick Right to the side, step back on Right, step Left to Right, step Right in place,
5,6,7&8 Kick left forward, kick Left to the side, step back on Left, step right to Left, step Left in place,

Section 7, Forward ¼ turn with touches, & side touches, ½ turn, & coaster step.

1,2,3,4 Step forward Right with ¼ turn to Left, touch Left to Right, step Left to side , touch Right to Left,
5,6, 7&8 Step forward Right, ½ turn to Left, sweep & step back on Left, step Right to Left, step Left forward,

Section 8, Repeat Section 6.

1,2,3&4,5,6, 7&8 Kick forward ,side, &coaster step, with Right, then Left,

Section 9, Repeat Section 7,

1,2,3,4,5,6, 7&8 forward ¼ turn, &touch, step Left, touch Right to Left, step ½ turn Left, & coaster step

Start again

Contact: charles.oliver29@yahoo.co.uk
