

# Frozen Time

COPPER KNOB  
BY STEPHEN

拍數: 64      牆數: 1      級數: Intermediate / Advanced  
編舞者: Roosamekto Mamek (INA) - November 2014  
音樂: She Wolf - Luciana Zogbi & Gianfranco Casanova : (Cover)



Intro: 8 count

## FORWARD, MAMBO, MAMBO CROSS, HINGE TURN $\frac{3}{4}$ RIGHT, ROCKING CHAIRS

1            Step R forward  
2&3        Rock L forward – Recover on R – Step L back  
4&5        Rock R to side – Recover on L – Cross R over L  
6&7&      Turn  $\frac{1}{4}$  right step L back – Turn  $\frac{1}{2}$  right step R forward – Rock L forward – Recover on R  
8&        Rock L back – Recover on R (09:00)

## NIGHT CLUB, MAMBO TURN $\frac{1}{2}$ RIGHT, BACK ROCK, RECOVER, FORWARD SHUFFLE, FORWARD

1            Step L to side  
2&3        Rock R behind L – Cross L over R – Step R to side  
4&5        Rock L back – Recover on R – Turn  $\frac{1}{2}$  right step L back (03:00)  
6&7&      Rock R back – Recover on L – Step R forward – Step L together  
8&        Step R forward – Step L forward (03:00)

## TURN $\frac{1}{2}$ LEFT, SAILOR TURN $\frac{1}{4}$ LEFT, FORWARD, A FULL TURN RIGHT, HOLD, RECOVER, TOGETHER, FORWARD, RECOVER, BACK

1            Turn  $\frac{1}{2}$  left step R back  
2&3        Turn  $\frac{1}{4}$  left cross L behind R – Step R to side – Step L forward  
4&5        Step R forward – Turn  $\frac{1}{2}$  right step L back – Turn  $\frac{1}{2}$  right step R forward  
6&7&      Hold – Recover on L – Step R together – Rock L forward  
8&        Recover on R – Step L back (06:00)

## BACK, FORWARD, TURN $\frac{3}{4}$ LEFT, SIDE, WEAVE, MAMBO CROSS, HINGE TURN $\frac{3}{4}$ RIGHT, FORWARD

1            Step R back  
2&3&      Step L forward – Turn  $\frac{1}{2}$  left step R back – Turn  $\frac{1}{4}$  left step L forward – Step R to side (09:00)  
4&5        Cross L behind R – Step R to side – Cross L over R  
6&7&      Rock R to side – Recover on L – Cross R over L – Turn  $\frac{1}{4}$  right step L back  
8&        Turn  $\frac{1}{2}$  right step R forward – Step L forward (06:00)

## NIGHT CLUB TURN $\frac{1}{4}$ LEFT, NIGHT CLUB TURN $\frac{1}{4}$ RIGHT, FORWARD, TOGETHER, BACK, TOGETHER, FORWARD L-R

1            Turn  $\frac{1}{4}$  left step R to side (03:00)  
2&3        Rock L behind R – Cross R over L – Step L to side  
4&5        Rock R behind L – Cross L over R – Turn  $\frac{1}{4}$  right step R forward  
6&7&      Step L forward – Step R together – Step L back – Step R together  
8&        Step L forward – Step R forward (06:00)

## PIVOT TURN $\frac{1}{2}$ LEFT, SIDE, ROCK, CROSS R-L, SYNCOPATED SHUFFLE $\frac{3}{4}$ TURN RIGHT

1            Turn  $\frac{1}{2}$  left (Weight on L) (12:00)  
2&3        Rock R to side – Rock L behind R – Cross R over L  
4&5        Rock L to side – Rock R behind L – Cross L over R  
6&7&      Turn  $\frac{1}{4}$  right step R forward – Step L beside R (or slightly forward R) – Turn  $\frac{1}{4}$  right step R forward – Step L beside R (or slightly forward R)  
8&        Turn  $\frac{1}{4}$  right step R forward – Step L beside R (or slightly forward R) (12:00)

Restart happens here on wall 2

**FORWARD, SIDE, ROCK, CROSS L-R, SYNCOPATED SHUFFLE ¾ TURN LEFT**

- 1 Step R forward
- 2&3 Rock L to side – Rock R behind L – Cross L over R
- 4&5 Rock R to side – Rock L behind R – Cross R over L
- 6&7& Turn ¼ left step L forward – Step R beside L (or slightly forward L) – Turn ¼ left step L forward – Step R beside L (or slightly forward L)
- 8& Turn ¼ left step L forward – Step R beside L (or slightly forward L) (12:00)

**FORWARD, SIDE, CROSS, BACK R-L, MAMBO CROSS, SIDE, RECOVER, FORWARD**

- 1 Step L forward
- 2&3 Rock R to side – Cross L over R – Step R back
- 4&5 Rock L to side – Cross R over L – Step L back
- 6&7& Rock R to side – Recover on L – Cross R over L – Rock L to side
- 8& Recover on R – Step L forward (12:00)

**REPEAT**

**RESTART: On wall 2 after 48 count (Section 6) you will start dancing facing 12:00**

**ENDING : End of wall 3 do these 8 counts**

**FORWARD, FORWARD MAMBO, MAMBO CROSS R-L, HOLD/POSE**

- 1 Step R forward
- 2&3 Rock L forward – Recover on R – Step L back
- 4&5 Rock R to side – Recover on L – Cross R over L
- 6&7 Rock L to side – recover on R – Cross L over R
- 8 Pose (Hold)

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