

Last Friday Night

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Hyun-Sook Park (KOR) - October 2014
音樂: Last Friday Night (T.G.I.F.) - Katy Perry



* Count In : Dance begins on 16 Counts

Sec 1[1-8] SIDE STEP, TOUCH, SIDE STEP, TOUCH, TOGETHER TOUCH, SIDE TOUCH, BEHIND FLICK, SIDE STEP

1-2 RF Step to right side(with band both knees), Pointing LF to left side(with Straighten both knees)
3-4 LF Step to left side(with band both knees), Pointing RF to right side(with Straighten both knees)
5-6 Touch RF next to LF, Touch RF to right side
7-8 Flick RF behind L. leg, RF Step to right side

Sec 2[9-16] L SAILOR STEP, R SAILOR STEP, SWAY(L,R), 1/4 TURN L SAILOR STEP

1&2 LF Step behind on RF, RF Step to right side, LF Step to left side
3&4 RF Step behind on LF, LF Step to left side, RF Step to right side
5-6 LF Step to left side with Sway, Right Sway
7&8 LF Step behind on RF, 1/4 turn to L with Step RF to next to LF, LF Step forward(9:00)

Sec 3[17-24] WALKS(2), REVERSE COASTER STEP, BACK WALKS(2), BACK COASTER STEP

1-2 RF Step forward, LF Step forward
3&4 RF Step forward, Step LF to next to RF, RF Step back
5-6 LF Step back, RF Step back
7&8 LF Step back, Step RF to next to LF, LF Step forward

Sec 4[25-32] SIDE TOUCH, STEP, SIDE TOUCH, STEP, SIDE TOUCH, 1/4 TURN HITCH, STEP LOCK, FORWARD LOCK STEP

1&2& Touch RF to right side, RF Step forward, Touch LF to left side, LF Step forward
3-4 Touch RF to right side, 1/4 turn R with RF Hitch(12:00)
5-6 RF Step forward, Lock LF behind RF
7&8 RF Step forward, Lock LF behind RF, RF Step forward

*** RESTART POINT (3rd WALL, 6th WALL)

Sec 5[33-40] MAMBO FORWARD, BACK WALKS(2), (TRAVELLING)CROSS, BACK, BACK, CROSS, BACK, 1/2 TURN STEP

1&2 LF Rock forward, RF Rock back, LF Step back
3-4 RF Step back, LF Step back
5&6 RF Across in front of LF, LF Step slightly back, RF Step slightly back
7&8 LF Across in front of RF, RF Step slightly back, 1/2 turn L with LF Step forward(6:00)

Sec 6[41-48] 1/2 PIVOT TURN L, STEP, 1/2 PIVOT TURN R, STEP, KICK, OUT, OUT

1-2 RF Step forward, 1/2 pivot turn to L(12:00)
3-4 RF Step forward, LF Step forward
5-6 1/2 pivot turn to R, LF Step forward(6:00)
7&8 RF Kick forward, RF Step to right side, LF Step to left side

Sec 7[49-56] TRAVELLING SAILOR STEP & 1/4 TURN L SAILOR STEP(2)

1&2 RF Step behind on LF, LF Step to left side, RF Step to right side
3&4 LF Step behind on RF, 1/4 turn L with RF Step to right side, LF Step to left side(3:00)
5&6 RF Step behind on LF, LF Step to left side, RF Step to right side

7&8 LF Step behind on RF, 1/4 turn L with RF Step to right side, LF Step to left side(12:00)

Sec 8[57-64] ACROSS TOUCH, SIDE TOUCH, ACROSS TOUCH, 1/4 TURN FLICK, CROSS, SIDE ROCK, CROSS, SIDE POINT

1-2 RF Touch across LF, Touch RF to right side

3-4 RF Touch across LF, 1/4 turn L with Flick RF to side(9:00)

5&6 RF Cross in front of LF, LF Rock to left side, Recover weight onto RF

7-8 LF Cross in front of RF, Touch RF to right side

***Restart - During wall 3 and wall 6 dance up to count 32 then Restart.**

(Note : after 30 counts, You will do the following steps: RF Step forward(31), LF Step forward(32) and then Restart - Those steps are instead of your Lock step forward)

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