Let It Rock

拍數: 32

級數: Easy Intermediate - Funky WCS

編舞者: Hyun-Sook Park (KOR) - October 2014

音樂: Let It Rock - Kevin Rudolf & Lil Wayne

牆數:4



COPPERKNO

- Sec 1[1-8] Walks(2), Reverse Coaster Step, Back Walks(2), Back Rocking Chair
- 1-2 RF Step forward, LF Step forward
- 3&4 RF Step forward, RF Close next to LF, RF Step back
- 5-6 LF Step back, RF Step back
- 7&8& Rock LF back, Recover on RF, Rock LF forward, Recover on RF

Sec 2[9-16] Big Step Back, Hold, Together, Pressy Walks, 3/4 turn Circle walks with Lock

- 1-2& Big Step LF back, hold, RF Close next to LF
- 3-4 Walk forward on left across right, Walk forward on right across left
- 5-6-7 LF 1/4 left and step forward(9:00), RF 1/4 left and step forward(6:00), LF 1/4 left and step forward(3:00)
- 8& RF Step forward, Lock LF behind RF

Sec 3[17-24] Step fwd, 1/4 L Side, 1/4 R Step Knee-Pop with Sweep, Jazz Box with Chasse, Together

- 1-2 RF Step forward(with hip bump), 1/4 turn L step LF to L side(with hip bump)(12:00)
- 3&41/4 turn R place RF forward, Bend both knees and lifting both heels up (&), Lower heels with
sweep LF back to forward (weight on R)(3:00)
- 5-6 Cross LF over RF, Step RF back
- 7&8& Step LF to L side, RF close next to LF, Step LF to L side, RF close next to LF

Sec 4[25-32] Side Rock & Side Rock &, 1/2 Pivot R, Step fwd Spiral full turn R, Step Lock

- 1-2& Rock side on LF, Recover on RF, LF Close next to RF
- 3-4& Rock side on RF, Recover on LF, RF Close next to LF
- 5-6 LF Step forward, Turn 1/2 R(9:00)
- 7-8& LF Step forward with spiral full turn R, RF Step forward, Lock LF behind RF(9:00)

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