

Walk Way Of Life

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 1 級數: Phrased Beginner
編舞者: Tina Chen Sue-Huei (TW) - October 2014
音樂: Strolling Down the Path of Life (漫步人生路) - Teresa Teng (鄧麗君)



SD:Tag(36)/AAB/Tag(36 + 4)/AB/Tag(36)

Tag (36 Counts) : To be done walking round clockwise. Please refer to video.

- 1-2 Start on facing (9.00), walk fwd on R, hold count (2)
- 3-4 Walk on L, hold count (4)12.00
- 5-8 Walk on RLR, drag L beside R on count (8)3.00

- 9-10 Walk fwd on L, hold count (10)
- 11-12 Walk on R, hold count (12)
- 13-16 Walk on LRL, drag R beside L on count (16) ...6.00

- 17- 18 Walk fwd on R, hold count (18)
- 19-20 Walk on L, hold count (20)
- 21-24 Walk on RLR, drag L beside R on count (24) 9.00

- 25-26 Walk fwd on L, hold count (26)
- 27-28 Walk on R, hold count (28)
- 29-32 Walk on LRL, drag R beside L on count (32) 12.00

- 33-34 Side step R, touch L beside R
- 35-36 Side step L, touch R beside L12.00

Choreographer's note: Add 4 counts in Tag at the end of Wall 3

- 1-2 Side step R, touch L beside R
- 3-4 Side step L, touch R beside L12.00

Main Dance

A(32)

Sec.A1 Big Step To Right & Hold

- 1-8 Take a big step to right, weight on R & hold for 7 counts.

(Please refer to video for hand movements)

Sec.A2 Rock Fwd And Back Recover & Touch Beside (2x)

- 1-4 Rock fwd on L, recover on R, rock back on L, touch R beside L
- 5-8 Rock fwd on R, recover on L, rock back on R, touch L beside R

Sec.A3 : A mirror steps of (A)Sec.1

Sec.A4: A mirror steps of (A)Sec.2

Choreographer's note: On Wall 2

Take a ¼ turn right, dance A(1-16).....3.00

Take a ¼ turn right, dance A(17-32).....9.00

B(48)

Sec.B1 Fwd, ½ Turn R, Back, Back, Point & Cross Point, Step Back, Cross Point

- 1-4 Fwd step R, ½ turn right step L back, step R back, L point side3.00
- 5-6 ¼ Turn left, cross L over R, point R to side12.00
- 7-8 ¼ turn right, step R back, point L to side3.00

Sec.B2 : A mirror steps of B (Sec.1)

Sec.B3 ½ Turn R Shuffle Fwd, Shuffle Fwd, ¼ Turn Extended Side R Shuffles

- 1&2 Making a ½ turn right, shuffle fwd on RLR3.00
3&4 Shuffle fwd on LRL
5&6&7&8 Taking a ¼ turn left, (12.00) side step R , step L behind right heel, side step R, step L behind right heelon RL RL RL R

Sec.B4 ¼ Turn Fwd, Pivot ½ Turn, Fwd, Hold, ½ Turn L (2x), Fwd, Hold

- 1-4 Taking a ¼ right turn, (3.00) fwd step L, pivot ½ turn right, step on R, fwd step L, hold count (4)
5-8 Taking a ½ turn left, step back on R, taking a ½ turn left, fwd step L, fwd step R, hold count (8)

Sec.B5 Fwd L Shuffle, Fwd R Shuffle , ¼ Turn Extended Side L Shuffles

- 1&2 Shuffle fwd on LRL.....9.00
3&4 Shuffle fwd on RLR
5&6&7&8 Taking a ¼ turn right, (12.00) side step L, step R behind left heel, side step L, step R behind left heelon LR LR LR L

Sec.B6 ¼ Turn Fwd, Pivot ½ Turn, Fwd, Hold, ½ Turn L (2x), Fwd, Hold

- 1-4 Taking a ¼ turn left, (9.00) fwd step R, pivot ½ turn left, step on L, fwd step R, hold count(4)
5-8 Taking a ½ turn right, step back on L, taking a ½ turn right, fwd step R, cross L over R, hold count (8)

Happy Dancing!

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