The Perfect One

級數: High Intermediate

編舞者: Mike Hitchen (UK) - October 2014

音樂: When God Made You (feat. Natalie Grant) - NewSong

Restart: wall 4 After 44 Counts, & 18 count Tag end of wall 5.

#16 count intro start on vocals

Basic Two Step, Weave With 1/4 Turn, Step Turn Cross, Coaster Step.

- 1-2& Step right to side, Rock left behind right, Return weight to right.
- 3&4 Step left to side, Step right behind, Step left 1/4 turn left.
- 5&6 Step forward on right, Turn 1/4 turn left, Cross right over left.
- 7&8 Step left back, Step right together, Step left forward.

& Step Step Turn, Side Chasse, Back Rock Turn, Turn Cross Touch.

- &1-2& Step right next to left, Step left forward. Step right forward, pivot 1/2 turn left.
- 3&4 Step right to side, Step left together, Step right to side
- 5&6 Rock left behind right, Recover weight to right, Turn 1/4 turn right stepping left back.
- &7-8 Turn 1/4 turn right stepping right to side, Cross left over right, Touch right to side.

Right sailor. Left sailor 1/4 Turn Left, Syncopated Weave With Sweep, Behind Side Forward.

- 1&2 Cross right behind left, Step left to side, Step right to side.
- 3&4 Cross left behind right turning 1/4 turn left, Step right to side, Step left to side.
- 5&6 Cross right over left, Step left to side, Cross right behind left.
- &7&8 sweep left, Step on to left behind right, Step right to side, Step left forward.

& Step Rock &, 1/4 Chasse Right, Cross Rock Side, Cross Rock Side.

- &1-2& Step right next to left, Step left forward, Rock forward on right, Return weight to left.
- 3&4 Step right 1/4 turn right, Step left together, Step right to side.
- 5&6 Cross rock left over right, Recover to right, Step left to side
- 7&8 Cross rock right over left, Recover to left, Step right to side.

Syncopated Jazz Box 1/4 Turn left, Side Rock, Sailor 1/2 Turn Left. Sway Right Sway Left.

- 1&2& Cross left over right, Step right back 1/4 turn left, Step left to side, Cross right over left.3-4 Rock left to side, Recover to right.
- 5&6 Cross step left behind right, Make 1/2 turn left stepping on right, Step left to side.
- 7-8 Sway to right, Sway to left.

2X Basic two steps, Mambo 1/2 Right, Step 1/2 Turn Step.

- 1-2& Step right to side, Rock left behind right, Recover weight to right.
- 3-4& Step left to side, Rock right behind left, Recover weight to left (RESTART HERE)
- 5&6 Rock forward on right, Recover weight to left, Step right 1/2 turn right.
- 7&8 Step forward on left, pivot 1/2 right, Step forward on left.

TAG: Repeat 8 Counts Then add on two hip Sways. Sway Right, Sway left.

Step Turn Step, Left Shuffle, Mambo Step, Coaster Step.

- 1&2 Step forward on right, Pivot 1/2 turn left, Step forward on right.
- 3&4 Step left forward, Step right together, Step left forward.
- 5&6 Rock forward on right, Recover weight to left, Step right back.
- 7&8 Step left back, Step right together, Step left forward.

Contact: mike.hitchen777@gmail.com





拍數: 48

牆數:4