

Mono In Love

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Dwight Meessen (NL) - October 2014
音樂: Mono in Love (feat. Vika Jigulina) - Edward Maya



The dance starts from 31 seconds (from the beautiful instrumental)

RF Diagonal Cross Rock Forward, Recover, &, LF Diagonal Cross Rock Forward, Recover, &, RF Diagonal Cross Rock Forward, Recover, RF Shuffle Back

- 1-2 RF diagonal cross rock forward to left side(10.30), recover weight on LF
&3-4 RF step to right side(&)(12.00), LF diagonal cross rock forward to right side(1.30), recover weight on RF
&5-6 LF step to left side(&)(12.00), RF diagonal cross rock forward to left side(10.30), recover weight on LF
7&8 RF step back, LF step next to RF(&), RF step back(10.30)

LF Rock Back, Recover, LF Shuffle Forward, RF Paddle 1/8 Turn Left(using hips!), RF Paddle 1/4 Turn Left(using hips!)

- 1-2 LF rock back, recover weight on RF(10.30)
3&4 LF step forward, RF step next to LF(&), LF step forward(10.30)
5-6 RF step forward, RF+LF paddle 1/8 turn left(9.00)
7-8 RF step forward, RF+LF paddle 1/4 turn left(6.00)

RF Cross, LF Back,&, LF Cross, Side Step Right, LF Back Rock, LF shuffle forward

- 1-2 RF cross over LF, LF step back(6.00)
&3-4 Step ball of Right to Right side(&), LF cross over RF, step RF to right side(6.00)
5-6 LF rock back, recover weight on RF(6.00)
7&8 LF step forward, RF step next to LF(&), LF step forward(6.00)

RF Rock Forward, Recover, RF 1/4 Turn Right, LF Cross, RF 1/4 Turn left, LF 1/2 Turn left, RF Pivot 1/4 Turn Left

- 1-2 RF rock forward, recover weight on LF(6.00)
3-4 step RF 1/4 turn to right side(9.00), LF cross over RF
5-6 step RF 1/4 turn back to left side(6.00), step LF 1/2 turn forward to left side(12.00)
7-8 RF step forward, pivot 1/4 turn left(9.00)

HAVE FUN!

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