Live And Let Live

拍數: 48

牆數:2

級數:

編舞者: Jan Wyllie (AUS) - October 2014

音樂: Home Of The Brave - Jody Miller

#16 count intro - 2 RESTARTS

Written by special request for Lynne McCann from Ipswich, Qld.

[1-8] UWalk Fwd RL - R Sailor - L Sailor - 1/4 Coaster

- 1,2 Walk fwd RL
- 3&4 Step R behind L, Step L to left, Step R to right (sailor step)
- 5&6 Step L behind R, Step R to right, Step L to left (sailor step)
- 7&8 Step R behind L, Making 1/4 right step L beside R, Step fwd on R

[9-16] Step Tap - & Walk Fwd LR - Step Pivot 1/4 - Cross Shuffle

- 9,10&11,12 Step fwd on L, Tap R beside L, Step R beside L, Step fwd LR
- 13,14 Step fwd on L, Pivot 1/4 right transferring wt to R
- 15&16 Step L across R, Step R to right, Step L across R (cross shuffle)

[17-24] 1/2 Turn Left - Cross Rock Recover - Side Rock Recover - Behind Side Across

- 17,18 Making 1/4 left step back on R, Making 1/4 left step L to left side
- 19,20,21,22 Cross/rock R over L, Recover on L, Rock/step R to right, Recover on L
- 23&24 Step R behind L, Step L to left, Step R across L

[25-32] 1/4 Rock Recover - 1/2 Shuffle Step Pivot 1/2 - Step Pivot 1/4

- 25,26 Making 1/4 left rock/step fwd on L, Recover back on R
- 27&28 Making 1/2 left shuffle fwd L,R,L
- 29,30 Step fwd on R, Pivot 1/2 left transferring wt to L
- 31,32 Step fwd on R, Pivot 1/4 left transferring wt to L

[33-40] CACross Back - Side Rock Recover - Across Back - Side Together

33,34,35,36 Step R across L, Step back on L, Rock/step R to right, Recover sideways on L

37,38,39,40 Step R across L, Step back on L, Rock/step R to right, Step L beside R

LEAVE THE NEXT 8 COUNTS OFF ON WALLS 2 AND 4

[&41-48]□ Step Back Tap Heel Fwdx2 - Step Fwd Tap Beside x2 - (&1,2&3,4) - Syncopated Heel Jacks (&5&6) - Syncopated Heel Jacks (&7&8)

- &41,42 Step back on R, Tap L heel fwd twice
- &43,44 Step fwd on L, Tap R beside L twice
- &45&46 Step back on R, Touch L heel fwd, Step fwd on L, Touch R beside L

&47&48 Step back on R, Touch L heel fwd, Step fwd on L, Touch R beside L

Move fwd slightly on the heels jacks (&45-48)

*There is a Restart after count 40 on walls 2 and 4 (facing front both times)

Lynne requested this dance because the song reminds her of her son and her nephew. It is a song from the past, but the words are ageless... and powerful! 'Live And Let Live' Hope you enjoy the dance See you on the floor sometime.... Jan