

Runaway

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Gaëtan Favreau (FR) - August 2014
音樂: Runaway - Love and Theft



[1-8] □ Side shuffle , Back rock, Turn 1/4, Turn 1/2, Turn 1/4, Hold

1&2 Shuffle right to side
3-4 Rock back left – recover on right
5-6 ¼ Turn right, left back – ½ Turn right, step right to right side
7-8 ¼ T à D, PG à G – pause

[9-16] □ Sailor right, Sailor left 1/4 Turn, Rock step, Back, Heel, Hold

1&2 Sailor step right
3&4 Sailor step ¼ Turn left
5-6 Rock forward on right – recover on left
&7-8 Step back right – heel touch left - hold * Restart : Wall 3

[17-24] □ Together, Rock step, Shuffle back, Coaster step, Kick

&1-2 Left together - rock forward on right – recover on left
3&4 Shuffle back right
5-6 step left back – Step right next to left
7-8 Step left forward – kick right forward

[25-32] □ Cross, Unwind 3/4 Turn, Side shuffle, Back rock, Kick ball cross

1-2 Step right cross over left – unwind ¾ Turn left
3&4 Shuffle right to side
5-6 Rock back on left – recover on right
7&8 Kick left forward to left diagonal – Step left next to right – step right cross over left

[33-40] □ Side rock, Back rock, Side rock 1/4 Turn, Forward shuffle

1-2 Rock left to left side – recover on right
3-4 Rock left back ** – recover on right ** Restart : Wall 7
5-6 Rock left to left side – ¼ Turn right, recover to right
7&8 Shuffle left forward

[41-48] □ Full turn, Forward shuffle, Rock step, Long back, Drag

1-2 ½ Turn left, Back right - ½ Turn right, step left forward
3&4 Shuffle right forward
5-6 Rock left forward – recover on right
7-8 Take big step back on left – Slide right towards left

[49-56] □ Together, Step, Scuff, Right shuffle, Rock step, Full turn back

&1-2 Step right next to left – step left forward – scuff right forward
3&4 Shuffle right forward
5-6 Rock left forward – recover on right
7-8 ½ Turn left, step left forward - ½ Turn left, step right back

[57-64] □ Coaster step, Cross, Back, Side, Cross shuffle, Scuff

1-2 Step back left – step right next to left
3-4 Step left forward – step right cross over left
5-6 Back left – step right to the side
7&8 Cross left over right – step right to right – cross left over right

& Scuff right forward

Restarts : -□

Wall 3 Dance the first 16 counts and restart the dance facing 6:00

Wall 7 Dance the first 35 counts and restart the dance facing 12:00

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