

My Sister Ah Fa

COPPERKNOB
STEPSHEETS

拍數: 68 牆數: 4 級數: Low Intermediate
編舞者: BM Leong (MY) - October 2014
音樂: Lao Mei Ya Hua by Zhang Xiao



Sequence of dance: ABB TagBB / ABB TagBB BB/ ending
Start the dance after 12 counts.

(A) 36 counts

RIGHT, TOUCH, LEFT, TOUCH, RIGHT ROLLING VINE, TOUCH

1-2 Step R to right side, touch L together
3-4 Step L to left side, touch R together
5-7 Right rolling vine on RLR
8 Touch L together

LEFT, TOUCH, RIGHT, TOUCH, LEFT ROLLING VINE, TOUCH

1-2 Step L to left side, touch R together
3-4 Step R to right side, touch L together
5-7 Left rolling vine on LRL
8 Touch R together

4 FORWARD CHA CHA TURNING FULL RIGHT TURN

1&2 Turning 1/4 right cha cha forward on RLR
3&4 Turning 1/4 right cha cha forward on LRL
5&6 Turning 1/4 right cha cha forward on RLR
7&8 Turning 1/4 right cha cha forward on LRL

OUT, OUT, IN, IN, HIP BUMPS RRL

1-2 Step R out, step L out
3-4 Step R in, step L in
5-8 Bump hips RRL

HIP BUMPS RLRL

1-4 Bump hips RLRL

(B) 32 counts.

CHA CHA BOX

1-2 Step R to right side, step L together
3&4 Cha cha forward on RLR
5-6 Step L to left side, step R together
7&8 Cha cha backward on LRL

HIP BUMPS, PIVOT 1/2 TURN LEFT X 2

1-2 Stepping R back bump hips backward, bump hips forward
3-4 Bump hips backward, bump hips forward
5-6 Step R forward, pivot 1/2 turn left
7-8 Step R forward, pivot 1/2 turn left

RIGHT VINE, TOUCH, LEFT LINDY 1/4 TURN RIGHT

1-2 Step R to right side, cross L behind R
3-4 Step R to right side, touch L together
5&6 Cha cha to left side on LRL
7-8 Turning 1/4 right step R back, recover onto L

SKATE, SKATE, FORWARD CHA CHA, FORWARD ROCK, COASTER STEP

1-2 Skate R forward, skate L forward

3&4 Cha cha forward on RLR

5-6 Rock L forward, recover onto R

7&8 Coaster step on LRL

TAG

1-4 Bump hips RLRL

Contact: www.sjlinedancer.blogspot.com
