

Take My Hand

拍數: 48 牆數: 4 級數: Improver / Intermediate waltz
編舞者: Vivienne Scott (CAN) - October 2014
音樂: Can I Have This Dance - Vanessa Hudgens, Zac Efron & The Cast of High School Musical : (CD: High School Musical 3 - Senior Year)



#24 count intro

[1-6] □ STEP FORWARD, POINT, HOLD, STEP BACK, POINT, HOLD

1-2-3 Step forward on left. Point right to right side. Hold

4-5-6 Step back on right. Point left to left side. Hold.

Optional Styling: Reach out right hand on counts 2-3

Restart: At this point during Wall 10 (restart facing 9 o'clock)

[7-12] □ SAILOR STEP 1/4 TURN, SAILOR STEP

1-2-3 Turn 1/4 left crossing left behind right. Step right to right side. Step left to place.

4-5-6 Cross right behind left. Step left to left side. Step right to place.

[13-18] □ STEP FORWARD, HITCH, KICK, COASTER STEP

1-2-3 Step forward on left. Lift right knee. Kick right forward.

4-5-6 Step back on right. Step left beside right. Step forward on right.

[19-24] □ BASIC 1/2 TURN, BASIC BACK

1-2-3 Step forward on left. Turn 1/2 left and step back on right. Step left beside right.

4-5-6 Step back on right. Step left beside right. Step right beside left.

Restarts: At this point during Wall 2 (restart facing 12 o'clock) and Wall 6 (restart facing 6 o'clock)

[25-30] □ LEFT TWINKLE, 1/2 TURNING TWINKLE

1-2-3 Cross left over right. Rock right to right side. Recover onto left.

4-5-6 Cross right over left. Turn 1/4 right and step back on left. Turn 1/4 right and step right to right side.

[31-36] □ LEFT TWINKLE, 3/4 TURNING TWINKLE

1-2-3 Cross left over right. Rock right to right side. Recover onto left.

4-5-6 Cross right over left. Turn 1/4 right and step back on left. Turn 1/2 right and step forward on right.

[37-42] □ STEP, SWEEP (over 2 counts) x 2

1-2-3 Step forward on left slightly across right. Sweep right out and around left over 2 counts.

4-5-6 Step forward on right slightly across left. Sweep left out and around right over 2 counts.

[43-48] □ CROSS, BACK, BACK, CROSS, 1/4 TURN, SIDE

1-2-3 Cross left over right. Step back on right. Step left back and to left side

4-5-6 Cross right over left. Turn 1/4 right and step back on left. Step right to right side.

Ending: Section 19-24 on counts 4-6 Basic 1/2 turn left to face front

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