

# Things Are Changing Fast

拍數: 32      牆數: 2      級數: Improver  
編舞者: Don Pascual (FR) - October 2014  
音樂: Things Are Changing Fast - Declan Nerney & Bottler



Start on vocals

Alt. Music: Things are changing fast (Declan Nerney & Breadan Grace)□

**Sect 1: R toe to R side, touch R beside L, R toe to R side, R ¼ T into a R sailor step, L toe fwd, L flick, L toe fwd, L coaster step**

1&2            R toe to R side, touch R beside L, R toe to R side  
3&4            Cross R behind L, R¼ T & step L to the L, step R to the R  
5&6            L toe forward, L flick (slap L hand/L foot), L toe forward  
7&8            L back step (on ball), R beside L (on ball), step L forward

**Sect 2: Shuffle R fwd, shuffle L fwd, R stomp, toe split, L modified heel jack**

1&2            (R diagonal): Step R forward, L beside R, step R forward  
3&4            (L diagonal): Step L forward, R beside L, step L forward  
5&6            Stomp R beside L, split both toes outward, recover (ending weight on L)  
&7&8          R back step (R diagonal), tap L heel forward (L diagonal), step L in place, touch R beside L

**Sect 3: R Toe R side, R ¼ T, L toe to L side\*, behind, side cross, R L R heel switches, clap x2\*\***

1&2            Point R to the R, R ¼ T on ball of L foot stepping R beside L, point L toe to the L  
3&4            Cross L behind R, step R to the R, cross L over R  
5&6&7        R heel forward, R beside L, L heel forward, L beside R, R heel forward  
&8            Clap, clap

**Sect 4: R hook, shuffle R fwd, L scuff hitch back, R coaster step, stomp L beside R, swivet to the R\*\*\***

&1&2          Cross R over L shin, step R forward, L beside R, step R forward  
3&4            Scuff L ,hitch L (making a little R hop backward), L back step  
5&6            R back step (on ball), L beside R (on ball), step R forward  
7&8            Stomp L beside R, swivel R toe to the R/ L heel to the L, recover

**Restart wall 2\*: After count 2 of section 3, bring L beside R (&) and Restart the dance from the beginning (facing 12h00)**

**Tag 1 \*\*: Wall 4: After section 3, add the two following counts and restart the dance from the beginning (facing 12h00)**

**Stomp up R beside L, slap x2**

1&2            Stomp up R beside L, slap your hands on your thighs (backward and forward)

**Tag 2 \*\*\*: Wall 6: At the end of the dance, add the six following counts (facing 12h00):**

**Scissor R, scissor L, stomp up R beside L, slap x2**

1&2            Step R to the R, L beside R, cross R over L  
3&4            Step L to the L, R beside L, cross L over R  
5&6            Stomp up R beside L, slap your hands on your thighs (backward and forward)

**Note: Restart and Tag 1 occur during the chorus; Tag 2 occurs after an instrumental part following the chorus**

Have fun with this dance...

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Last Update - 21st Oct 2014

