

# Long Live Rock & Roll

COPPER KNOB  
BY STEPHEN BATES

拍數: 32      牆數: 2      級數: Easy Intermediate  
編舞者: Bruce Tau (NZ) - August 2014  
音樂: Long Live Rock & Roll - Daughtry : (Album: Baptized)



## #16 count intro

### [1-8] □ WALK, WALK, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, ¼, ½

1,2,3,4      Step Right foot Forward, Step Left foot Forward, Rock Right foot to Right Side, Recover weight onto Left foot

5&6,7,8      Step Right foot behind Left, Step Left foot to Left side, Step Right foot Across Left, Make ¼ turn R and Step Left foot Back, Make ½ turn R and Step Right foot Forward [9 o'clock]

### [9-16] □ ¼ PIVOT, CROSS SHUFFLE, SIDE ROCK, RECOVER, ¼ SAILOR

1,2,3&4      Step Left foot Forward, ¼ R Pivot, Step Left foot Across Right, Step Right foot to Right Side, Step Left Foot Across Right

5,6,7&8      Rock Right foot to Right Side, Recover weight onto Left, Step Right foot behind Left, Make ¼ turn R and Step Left foot Forward, Step Right foot to Right Side □ [3 o'clock]

### [17-24] □ HEEL SWITCHES, WALK, WALK, TOGETHER, HEEL SWITCHES, ROCK, RECOVER

1&2,3,4      Touch Left Heel Forward, Step Left foot Together, Touch Right Heel Forward, Step Right foot Together, Step Left foot Forward, Step Right foot Forward

&5&6,7,8      Step Left foot Together, Touch Right Heel Forward, Step Right foot Together, Touch Left Heel Forward, Step Left foot Together, Rock Right foot Forward, Recover weight back onto Left foot [3 o'clock]

### [25-32] □ BACK STRUT, TOGETHER, BACK, TOUCH, ¾ EXTENDED SHUFFLE

1,2&3,4      Touch Right Toe Back, Drop Right Heel (taking weight onto right), Step Left foot Together, Step Right foot Back, Touch Left foot Together

5&6&7&8      Make ¼ turn L and step Left foot Forward, Step Right foot Together, Make ¼ turn L and step Left foot Forward, Step Right foot Together, Make ¼ turn L and step Left foot Forward, Step Right foot Together, Step Left foot forward [6 o'clock]

## Start Again

Tag: □ At end of walls 3 (back wall), 6 (front wall) & 10 (front wall)

### [1-8] □ TOGETHER, SIDE ROCK, RECOVER, ROCK FORWARD, RECOVER, ¼, ½, 1¼ TRIPLE □

&1,2,3,4      Step Right foot Together, Rock Left foot to Left Side, Recover weight onto Right, Rock Left foot Forward, Recover weight onto Right foot

5,6,7&8      Make ¼ turn L and Step Left foot Forward, Make ½ turn L and Step Right foot Back, Make ½ turn L and Step Left foot Forward, Make ½ turn L and Step Right foot Back, Make ¼ L and Step Left foot to Left Side

Restart: During wall 8, the music will start to slow down, follow the beat of the music and dance up to count 14, then do a ½ turn sailor instead of ¼ turn sailor, hold for about 3 counts then step the left foot together on the & count and Restart the dance

Finish: □ Do the first 8 counts of wall 12, then make a ¼ turn R to face the back as you start the Tag from count 1 (Side Rock, Recover,...etc), finish turning to the front.

Contact - Email: [brucetau@xtra.co.nz](mailto:brucetau@xtra.co.nz)