

Eyes Wide Open (zh)

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jacob Ballard (USA) - 2010年01月
音樂: Grenade - Bruno Mars



前奏: Start 32 counts in after lyrics when main beat comes in 從唱歌32拍後起跳

第一段 Side, Behind, ¼, Side, Sailor Step, Side, Behind, Sweep ½, Coaster Step

- 1&2& step right to side, cross left behind right, turn ¼ right stepping right forward, step left to side
右足右踏, 左足於右足後交叉踏, 右轉90度右足前踏, 左足左踏
- 3&4 right sailor step 右水手步
- 5&6 cross left behind right, turn ¼ right stepping right forward, step left forward sweeping right around ½ turn right (should now be facing 12:00)
左足於右足後交叉踏, 右轉90度右足前踏, 左足前踏右足右繞轉180度(面向12點鐘)
- 7&8 right coaster step 右水手步

第二段 Step, Lock, Out-Out, Behind, Side, Cross Rock, And Step, Twist Heels

- 1-2 step left forward, lock right behind left
左足前踏, 右足於左足後鎖踏
- 3&3&4 step left to side, step right to side, cross left behind right, step right to side 左足左踏, 右足右踏, 左足於右足後交叉踏, 右足右踏
- 5-6 cross rock left over right, recover to right
左足於右足前交叉下沉, 右足回復
- 8&7&8 step left to side, step right forward (with weight still on left), twist both heels right, twist both heels back to center
左足左踏, 右足前踏(重心在左足), 雙足踵向右旋轉, 雙足踵轉回

RESTART: Restart after count 16 on wall 8 第八面牆跳至此, 從頭起跳

第三段 Walk, Walk, And Cross Rock, Side, Cross, Side Rock, Behind, Side, Cross

- 1-2 step right forward, step left forward 右足前踏, 左足前踏
- 3&3&4 turn ¼ left stepping right to side, cross rock left over right, recover to right, step left to side
左轉90度右足右踏, 左足於右足前交叉下沉, 右足回復, 左足左踏
- 5 cross right over left 右足於左足前交叉踏
- 6&7&8 rock left to side, recover to right, cross left behind right, step right to side, cross left over right
左足左下沉, 右足回復, 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏

RESTART: Restart after count 24 on wall 6 第六面牆跳至此, 從頭起跳

第四段 ¼, Step Pivot, Step, ¼, ½, Sweep Full Turn

- 1 turn ¼ right stepping right forward
右轉90度右足前踏
- 2-3 step left forward, pivot ½ right
左足前踏, 右軸轉180度
- 4&5 step left forward, turn ¼ left stepping right to side, turn ½ left stepping left to side
左足前踏, 左轉90度右足右踏, 左轉180度左足左踏
- 6-8 sweep right around full turn left with right knee slightly popped out 右足踵伸出左繞轉圈

TAG: At the END of wall 3 do this 8 count tag

第三面牆結束時加8拍

- 1-2 step right to side, touch left behind right
右足右踏, 左足於右足後點

- 3-4 step left to side, touch right in front of left
左足左踏, 右足於左足前點
- 5-6 step right to side, cross left over right
右足右踏, 左足於右足前交叉踏
- 7-8 unwind full turn 以2拍右繞轉圈
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