

Ugly Heart

COPPER **KNOB**
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Joshua Talbot (AUS) - September 2014
音樂: Ugly Heart - G.R.L. : (Single - iTunes)



WALK, WALK, SHUFFLE FWD, ROCK REPLACE, ½ SHUFFLE FWD

123&4 Step fwd R, step fwd L, step R fwd, step L tog, step R fwd
567&8 Rock L fwd, replace weight R, 1/2 L step L fwd, step R tog, step L fwd (Optional turn)

WALK, WALK, SHUFFLE FWD, ROCK REPLACE, ½ SHUFFLE FWD

123&4 Step fwd R, step fwd L, step R fwd, step L tog, step R fwd
567&8 Rock L fwd, replace weight R, 1/2 L step L fwd, step R tog, step L fwd **
(Optional turn)

¼ PIVOT, SAMBA ¼ CROSS & SIDE & CROSS STEP, CLAP CLAP

123&4 Step R fwd, 1/4 turn L taking weight L, step R over L, step L to L, ¼ turn R step R to R
5&6&7 Cross step L over R, replace weight R, rock L to L, replace weight R, step L over R
&8 clap hand twice at head level

SIDE, TOUCH SIDE, ¼ ½ STEP BACK, TOUCH BACK, ½ L HOOK

1234 Step R to R, touch L to L side, ¼ turn L step L fwd, 1/2 turn L step R back
4568 Step L back, touch R back, ½ turn L step R back, hook L to R ankle

STEP, LOCK, STEP, ¼ PIVOT, CROSS, SIDE, BEHIND, SIDE, SIDE DRAG

123&4 Step L fwd, lock step R behind L, step L fwd, step R fwd, 1/4 turn L taking weight*
5&6& Step R over L, step L to L, step R behind L, step L to L,
78 Larger step R to R, drag L towards R

& CROSS, SIDE, SAILOR, ¾ UNWIND, ¼ SHUFFLE BACK

&123&4 Jump L behind R, step R over L, step L to L, step R behind L, step L to L, step R to R
567&8 Step L behind R, unwind ¾ over L taking weight L, ¼ turn L step R back, L tog, R back

¼ TOUCH, HOLD, ½ TOUCH & HEEL, CROSS ROCK, 1 ¼ TRIPLE

&12 ¼ turn L step L to L, touch R to R, hold,
&3&4 ½ turn R stepping R tog, touch L to L, step L tog, touch R heel fwd (Counts 1-3 are like a monetary)
&567&8 Step R tog, rock L over R, replace weight R, ¼ L step L fwd, ½ L step R back, ½ L step R fwd

PIVOT ½, ½ SHUFFLE BACK, WALK BACK, BACK, COASTER STEP

123&4 Step R fwd, ½ turn over L take weight L, ½ turn L, step R back, step L tog, step R back
567&8 Step L back, step R back, step L back, step R tog, step L fwd

[64] counts

Restarts:-□

Wall 2 & 5*□: Dance to count 36 then Restart to front wall

Wall 3 & 6**□: Dance to count 16 then Restart to front wall

Tag: End of wall 7: Add 2 x ½ pivots over L (4 counts-1234)

YouTube Search:□"helennng27"□

Contact: Josh Talbot - 0407 533 616 - jbtalbot@iinet.net.au