

Miss Incredible

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Lisa McCammon (USA) - October 2014
音樂: Miss Incredible - Mark Ballas



***NOTE:** It will take a few tries to hit the start on the right beat. There's a falling "hmmm" at the beginning of the track, followed immediately by a "hah." The "hah" is count 1 of the 32-count intro. Music will kick in on the last 5-6-7-8. The first lyrics in the verse are "she got" on counts &2 of the first set. Thanks to Jo Thompson-Szymanski for bringing this track to my attention.

Alternate music: Tailgate by Neal McCoy; Going Back To Louisiana by Delbert McClinton; Tonight (I'm Lovin' You) or I'm A Freak by Enrique Iglesias.

[1-8] PRESS R FWD, SWIVEL HEEL OUT-IN, BACK ROCK, REC, STEP, TURN LEFT ¼, CROSS-&-CROSS

1&2 Step R slightly forward, pressing into ball of foot; swivel R heel out, swivel R heel in, ending weight on L
3-4-5-6 Rock back onto R, rec weight to L; step forward R, turn left ¼ [9], stepping onto L
7&8 Cross step R over L, step L to side, cross step R over L

[9-16] SIDE, HOLD, BALL-SIDE ROCK, REC, BEHIND, SIDE, CROSS-&-CROSS

1-2& Step L to side, HOLD, step R next to L
3-4-5-6 Rock side L, recover weight to R, step L behind R, step R to side
7&8 Cross step L over R, step R to side, cross step L over R

[17-24] SWAY, TURN LEFT ¼, POINT, HOLD, BACK ROCK, REC, KICK-BALL-CHANGE

1-2-3-4 Step R to side, swaying onto R; turn left ¼ [6] stepping onto L; point R toes forward, HOLD
5-6 7&8 Rock back R, recover weight L, kick R, step R next to L, step L home

[25-32] TRIPLE FWD RLR, TURN LEFT ¼ AND TRIPLE FWD LRL, ROCKING CHAIR

1&2 Step R slightly forward, step L next to R, step R slightly forward (weight is on R)
3&4 Turn left ¼ [3] stepping slightly forward onto L, step R next to L, step L slightly forward
5-6-7-8 Rock forward onto R, recover weight to L, rock back onto R, recover weight to L (another rock follows)

[33-40] ROCK, REC, COASTER STEP, STEP, TURN RIGHT ¼, STEP, TURN RIGHT ¼

1-2 3&4 Rock forward R, recover weight L, step back R, step L next to R, step forward R
5-6-7-8 Step forward L, turn right ¼ [6] stepping onto R, step forward L, turn right ¼ [9] stepping onto R

[41-48] CROSS, POINT, TOUCH BEHIND, POINT, R SAILOR, TOUCH L BEHIND, TURN LEFT ½

1-2-3-4 Step L across R, point R toes to side; touch R toes behind L, point R toes to side
5&6 Step R behind L, step L to side, step R to side
7-8 Touch L toes behind R heel, turn left ½ [3], stepping onto L (over-rotate to L diag)

[49-56] WEAVE TURNING LEFT ¼, STEP FWD, TURN LEFT ¼, STEP, TURN LEFT ¼

1-2-3-4 Cross step R over L, step L to side, step R behind L, turn left ¼ [12] stepping forward L
5-6-7-8 Step forward R, turn left ¼ [9] stepping onto L; step forward R, turn left ¼ [6] stepping onto L (open to L diag)

[57-64] CROSS ROCK, REC, SIDE, TOUCH, SIDE, TOUCH, POINT R TOES OUT, TOUCH R TOES HOME

1-2-3-4 Cross rock R over L, recover weight to L, step R to side, touch L next to R
5-6-7-8 Step L to side, touch R next to L, touch R toes to side, touch R toes home

BIG FINISH: you're facing [12] after the last rotation, weight on L. There's one beat left: step R to side.

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