

# Miss Incredible

COPPERKNOB  
BY STEPHENETS

拍數: 64      牆數: 2      級數: Easy Intermediate  
編舞者: Lisa McCammon (USA) - October 2014  
音樂: Miss Incredible - Mark Ballas



**\*NOTE:** It will take a few tries to hit the start on the right beat. There's a falling "hmmm" at the beginning of the track, followed immediately by a "hah." The "hah" is count 1 of the 32-count intro. Music will kick in on the last 5-6-7-8. The first lyrics in the verse are "she got" on counts &2 of the first set. Thanks to Jo Thompson-Szymanski for bringing this track to my attention.

Alternate music: Tailgate by Neal McCoy; Going Back To Louisiana by Delbert McClinton; Tonight (I'm Lovin' You) or I'm A Freak by Enrique Iglesias.

## [1-8] PRESS R FWD, SWIVEL HEEL OUT-IN, BACK ROCK, REC, STEP, TURN LEFT ¼, CROSS-&-CROSS

1&2            Step R slightly forward, pressing into ball of foot; swivel R heel out, swivel R heel in, ending weight on L  
3-4-5-6        Rock back onto R, rec weight to L; step forward R, turn left ¼ [9], stepping onto L  
7&8            Cross step R over L, step L to side, cross step R over L

## [9-16] SIDE, HOLD, BALL-SIDE ROCK, REC, BEHIND, SIDE, CROSS-&-CROSS

1-2&            Step L to side, HOLD, step R next to L  
3-4-5-6        Rock side L, recover weight to R, step L behind R, step R to side  
7&8            Cross step L over R, step R to side, cross step L over R

## [17-24] SWAY, TURN LEFT ¼, POINT, HOLD, BACK ROCK, REC, KICK-BALL-CHANGE

1-2-3-4        Step R to side, swaying onto R; turn left ¼ [6] stepping onto L; point R toes forward, HOLD  
5-6 7&8        Rock back R, recover weight L, kick R, step R next to L, step L home

## [25-32] TRIPLE FWD RLR, TURN LEFT ¼ AND TRIPLE FWD LRL, ROCKING CHAIR

1&2            Step R slightly forward, step L next to R, step R slightly forward (weight is on R)  
3&4            Turn left ¼ [3] stepping slightly forward onto L, step R next to L, step L slightly forward  
5-6-7-8        Rock forward onto R, recover weight to L, rock back onto R, recover weight to L (another rock follows)

## [33-40] ROCK, REC, COASTER STEP, STEP, TURN RIGHT ¼, STEP, TURN RIGHT ¼

1-2 3&4        Rock forward R, recover weight L, step back R, step L next to R, step forward R  
5-6-7-8        Step forward L, turn right ¼ [6] stepping onto R, step forward L, turn right ¼ [9] stepping onto R

## [41-48] CROSS, POINT, TOUCH BEHIND, POINT, R SAILOR, TOUCH L BEHIND, TURN LEFT ½

1-2-3-4        Step L across R, point R toes to side; touch R toes behind L, point R toes to side  
5&6            Step R behind L, step L to side, step R to side  
7-8            Touch L toes behind R heel, turn left ½ [3], stepping onto L (over-rotate to L diag)

## [49-56] WEAVE TURNING LEFT ¼, STEP FWD, TURN LEFT ¼, STEP, TURN LEFT ¼

1-2-3-4        Cross step R over L, step L to side, step R behind L, turn left ¼ [12] stepping forward L  
5-6-7-8        Step forward R, turn left ¼ [9] stepping onto L; step forward R, turn left ¼ [6] stepping onto L (open to L diag)

## [57-64] CROSS ROCK, REC, SIDE, TOUCH, SIDE, TOUCH, POINT R TOES OUT, TOUCH R TOES HOME

1-2-3-4        Cross rock R over L, recover weight to L, step R to side, touch L next to R  
5-6-7-8        Step L to side, touch R next to L, touch R toes to side, touch R toes home

**BIG FINISH:** you're facing [12] after the last rotation, weight on L. There's one beat left: step R to side.

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