

# Empire Polka

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Pascal Dhorne (FR) - May 2014  
音樂: Empire - Della Mae : (Album: This world Oft Can Be)



Count - start after 32 counts

## [1-8] HEEL SWITCHES ( R,L,R), HOOK, SHUFFLE FORWARD, ROCK STEP RECOVER

1&2&      Touch R heel fw (1), step R next to L (&), touch L heel fw (2), step L next to R (&)  
3, 4      Touch R heel fw (3), hook with R.  
5&6      Shuffle forward R, L, R,  
7-8      Step forward on L, recover weight on R,

## [9-16] □SHUFFLE BACKWARD (TWICE), COASTER STEP, WALK, WALK,

1&2      Shuffle backward L,R,L,  
3&4      Shuffle backward R,L,R,  
5&6      Step back on L, step R next to L, step forward on L,  
7,8      walk Right , walk Left,

## [17-24] SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, SAILOR STEP ¼ TURN

1-2      Step Right to right side, recover on Left  
3&4      Cross Right behind Left, step Left to left side, cross Right over Left  
5,6      Step Left to left side, recover on Right  
7&8      Cross L behind R, step R to R making L ¼ turn, step L to L

## [28-32] TOUCH & KICK WITH ¼ TURN, COASTER STEP, ROCK STEP, CHASSE WITH ¼ TURN

1-2      Touch Right beside left, Kick Right with ¼ turn to right,  
3&4      Step back on R, step L next to R, step forward on R  
5-6      Step forward on left, recover onto right  
7&8      Step left to left side, step right next to left making a ¼ turn left, step left to left side

Tag: After wall 3: (3 o'clock)

## [1-8] SIDE, ROCK, BEHIND, SIDE, CROSS (TWICE)

1-2      Step Right to right side, recover on Left  
3&4      Cross Right behind Left, step Left to left side, cross Right over Left.  
5-6      Step left to left side, recover on right  
7&8      Cross left behind right, step right to right side, cross left over right.

Tag: After wall 7: (3 o'clock)

1-12      SIDE, ROCK, BEHIND, SIDE, CROSS (TWICE), ROCKING CHAIR  
1-2      Step Right to right side, recover on Left  
3&4      Cross Right behind Left, step Left to left side, cross Right over Left.  
5-6      Step left to left side, recover on right  
7&8      Cross left behind right, Step right to right side, cross left over right.  
9-10      Rock forward on right, recover weight on left.  
11-12      Rock back on right, recover weight on left.

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