

I'm Gonna Take That Mountain

COPPER KNOB
BY SHEILA PALMER

拍數: 32 牆數: 4 級數: Improver
編舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - September 2014
音樂: I'm Gonna Take That Mountain - Reba McEntire : (Album: Room to Breathe)



Intro: □16 Counts (starts on main vocals)

[1-8]□Toe. Heel. Toe. Hitch. Coaster-Step. Toe. Heel. Toe. Hitch. Coaster-Step.

1&2& Touch Right toe beside Left. Touch Right heel beside Left. Touch Right toe beside Left. Hitch Right.
3&4 Step back on Right. Step Left beside Right. Step forward on Right.
5&6& Touch Left toe beside Right. Touch Left heel beside Right. Touch Left toe beside Right. Hitch Left.
7&8 Step back on Left. Step Right beside Left. Step forward on Left.

[9-16]□Step Pivot Quarter. Side-Together-Fwd. Side-Together-Back. Shuffle Half Turn.

1&2 Step forward Right. 1/4 Pivot Turn Left (9:00). Step Right beside Left.
3&4 Step Left side Left. Step Right beside Left. Step forward on Left.
5&6 Step Right side Right. Step Left beside Right. Step back on Right.
7&8 Shuffle 1/2 Turn Left L-R-L (3:00).

*** □Restart (facing 9:00) on wall 3.

Tag:□Walk forward Right. Walk forward Left. Restart (facing 3:00) on wall 7.

[17-24]□Heel Dig. Heel Dig. Side Mambo Rock. Heel Dig. Heel Dig. Side Mambo Rock.

1&2& Dig Right Heel forward. Step Right beside Left. Dig Left Heel forward. Step Left beside Right.
3&4 Rock Right side Right. Recover weight to Left. Step Right beside Left.
5&6& Dig Left Heel forward. Step Left beside Right. Dig Right Heel forward. Step Right beside Left.
7&8 Rock Left side Left. Recover weight to Right. Step Left beside Right.

[25-32]□Shuffle Fwd. Coaster-step. Mambo Rock half turn. Run L-R-L.

1&2 Shuffle forward R-L-R.
3&4 Step back on Left. Step Right beside Left. Step forward on Left.
5&6 Rock forward on Right. Recover weight to Left. 1/2 Turn Right (9:00) stepping forward on Right.
7&8 Run forward L-R-L.

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