

Brown Sugar

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Chris Jackson (UK) - October 2014
音樂: Brown Sugar - The Rolling Stones : (Album: Best of British - Amazon)



#64-count intro - start on vocals. 2 restarts.

SECTION 1: TOUCH RIGHT HOLD, TOUCH LEFT HOLD, TOUCH RIGHT TOUCH LEFT TOUCH RIGHT, CLAP CLAP

1,2,&3,4 Touch right toe forward, hold, step right next to left, touch left toe forward, hold
&5,&6, Step left next to right, touch right toe forward, step right next to left, touch left toe forward
&7,&8 step left next to right, touch right toe forward, clap hands twice (&8)

SECTION 2: FLICK AND TURN AND FLICK AND TURN AND JAZZ BOX WITH A STEP

1&2& Flick the right toe forward, step right next to left, touch left to left side, make a quarter turn to your left stepping left next to right (modified Monterey turn)
3&4& Flick the right toe forward, step right next to left, touch left to left side, make a quarter turn to your left stepping left next to right (modified Monterey turn)

[Easier steps for 1&2&3&4& - two paddle steps (1, Step forward right, 2, Push round a quarter turn left pushing hips out, 3, Step forward right, 4, Push round a quarter turn left pushing hips out) completing a half turn to your left]

5,6,7,8 Cross right over left, step back on left, right to right side, step forward left (6.0)

(Restart here – Wall 2 – Facing 9.0 – Restart from beginning)

SECTION 3: STEP LOCK, STEP-LOCK STEP, STEP LOCK, STEP-LOCK STEP

1,2,3&4 On right diagonal – step forward right and lock left behind, step forward right, lock left behind, step forward right
5,6,7&8 On left diagonal – step forward left and lock right behind, step forward left, lock right behind, step forward left (and straighten up to the 6.0 wall)

SECTION 4: FORWARD ROCK, SHUFFLE HALF TURN, SHUFFLE HALF TURN, BACK ROCK

1,2,3&4 Rock forward right, recover on left, shuffle a half turn right (R/L/R)
5&6,7,8 Shuffle a half turn right (L/R/L), rock back on right, recover forward on left – (6.0)

[Easier steps for 3&4, 5&6 - 2 shuffles backwards R/L/R, L/R/L]

(Restart here – Wall 4 – Facing 6.0 – Restart from beginning)

SECTION 5: OUT-OUT, STEP BACK, COASTER STEP, SCUFF, CROSS, BOUNCE, BOUNCE

&1,2,3&4 Step right forward out to right, step left to left side, step back right, step back left, step right next to left, step forward left
5,6,7,8 Scuff right forward and across left, cross right over left, bounce a quarter turn left, bounce a quarter turn left (weight remains on right)

SECTION 6: LEFT SAILOR, RIGHT SAILOR, TOUCH/UNWIND, WALK, WALK

1&2,3&4 Step back left behind right, step right to right, step left to left, step back right behind left, step left to left, step right to right
5,6,7,8 Touch left behind right, unwind a half turn left, walk forward right, walk forward left

SECTION 7: OUT-OUT, STEP BACK, COASTER STEP, SCUFF, CROSS, BOUNCE, BOUNCE

&1,2,3&4 Step right forward out to right, step left to left side, step back right, step back left, step right next to left, step forward left
5,6,7,8 Scuff right forward and across left, cross right over left, bounce a quarter turn left, bounce a quarter turn left (weight remains on right)

SECTION 8: LEFT SAILOR, RIGHT SAILOR, TOUCH/UNWIND, PIVOT A QUARTER

1&2,3&4 Step back left behind right, step right to right, step left to left, step back right behind left, step left to left, step right to right
5,6,7,8 Touch left behind right, unwind a half turn left, step forward right, pivot a quarter turn left

Restart 1: Wall 2 – Starts facing 3.0 - Dance up to end of Section 2 (9.0) and restart.

Restart 2: Wall 4 – Starts facing 12.0 - Dance up to end of Section 4 (6.0) and restart.

Ending: Wall 8 – Starts facing 3.0 - Dance up to Step 5 of Section 6 – Unwind a quarter turn to your left (now facing front) and cross right over left and hold.

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