

Can't Let Go

拍數: 32 牆數: 2 級數: Early Intermediate
編舞者: Kathryn Sloan (AUS) - September 2014
音樂: Can't Let Go - Sunny Sweeney : (Album: Provoked)



Starts 32 counts in on vocals, with weight on left □ 96 BPM

[1 – 8] □ Heel digs, behind, side, cross, heel digs, behind, side, cross □ (12.00)

- 1,2,3&4 Present R heel forward at 45° right, present R heel forward at 45° right, step R behind L, step L to left side, cross R in front of L
- 5,6,7&8 Present L heel forward at 45 left, present L heel forward at 45 left, step L behind R, step R to right side, cross L in front of R

[9 – 16] Rock, replace, half, pivot turn, step, step, lock, step, step, lock, step □ (12.00)

- 1&2,3&4 Rock R forward, replace weight to L, turning 180° right step R forward, step L forward, pivot 180° right weight to R, step L forward
- 5&6,7&8 Step R forward, lock/step L behind R, step L forward, step L forward, lock/step R behind L, step L forward

[17 – 24] Extended vine, rocking chair, pivot turn, step * (6.00) □

- 1&2&3&4& Step R to right side, step L behind R, step R to right side, step L in front of right, step R to right side, step L behind R, step R to right side, touch L beside R
- 5&6&7&8 Rock forward on L, replace weight to R, rock back on L, replace weight to R, step L forward, pivot 180° right weight to R, step L forward

[25 – 32] Side rock, replace, together, side rock, replace, together, forward rock, replace, together, coaster step (6.00)

- 1&2,3&4 Rock R to right side, replace weight to L, step R beside L, rock L to left side, replace weight to R, step L beside R
- 5&6,7&8 Rock R forward, replace weight to L, step R beside L, step L back, step R beside, L, step L forward

Repeat

Restarts: On walls 2,4,5,6,8 and 9, Restart after 24 counts

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