

Dancing In Circles (zh)

COPPER KNOB
BY STEPHEN METZ

拍數: 72 牆數: 2 級數: Intermediate
編舞者: Rachael McEnaney (USA) - 2011年02月
音樂: Dancing In Circles - Love and Theft



前奏 : Count In: 24 counts from start of track – dance begins on vocals. (lots of holds as it's fast waltz)

第一段 Side R, Drag L, Side L, Drag R, Full Travelling Turn To Right, Side R, Drag L

- 1-3 Take big step to right side (1), drag left foot in next to right over 2 counts (2,3) 12.00 右足右一大步, 左足以2拍拖併(面向12點鐘)
- 4-6 Take big step to left side (4), drag right foot in next to left over 2 counts (5,6) 12.00 左足左一大步, 右足以2拍拖併(面向12點鐘)
- 1-3 Make $\frac{1}{4}$ turn right stepping forward on right (1), hold (2), make $\frac{1}{2}$ turn right stepping back on left (3) 9.00 右轉90度右足前踏, 候, 右轉180度左足後踏(面向9點鐘)
- 4-6 Make $\frac{1}{4}$ turn right taking big step to right side (4), drag left foot in next to right over 2 counts (5,6) 12.00 右轉90度右足右一大步, 左足以2拍拖併

第二段 Repeat 1-12 On L Foot: Side L, Drag R, Side R, Drag L, Full Travelling Turn To Left, Side L, Drag R

- 1-3 Take big step to left side (1), drag right foot in next to left over 2 counts (2,3) 12.00 左足左一大步, 右足以2拍拖併(面向12點鐘)
- 4-6 Take big step to right side (4), drag left foot in next to left over 2 counts (5,6) 12.00 右足右一大步, 左足以2拍拖併(面向12點鐘)
- 1-3 Make $\frac{1}{4}$ turn left stepping forward on left (1), hold (2), make $\frac{1}{2}$ turn left stepping back on right (3) 3.00 左轉90度左足前踏, 候, 左轉180度右足後踏(面向3點鐘)
- 4-6 Make $\frac{1}{4}$ turn right taking big step to left side (4), drag right foot in next to left over 2 counts (5,6) 12.00 右轉90度左足左一大步, 右足以2拍拖併(面向12點鐘)

第三段 Facing Diagonals: Step R, Kick L, Hold, L Behind, R Side, L Cross, Step R, Kick L, R Coaster Step

- 1-3 Step R foot forward on L diagonal (10.30) (1), kick left foot forward slowly over 2 counts (2,3) 10.30 (面向左斜角10:30)右足前踏, 左足以2拍慢慢前踢
- 4-6 Step back on left (4), step right to right side (5), step left foot forward on right diagonal (1.30) (6) 1.30 左足後踏, 右足右踏, 左足右斜角前踏(面向1:30)
- 1-3 Step right foot forward (1.30) (1), kick left foot forward slowly over 2 counts (2,3) 1.30 (面向1:30)右足前踏, 左足以2拍慢慢前踢
- 4-6 Step back on left (4), step right next to left (5), step forward on left (6) 1.30 (面向1:30)左足後踏, 右足併踏, 左足前踏

第四段 Cross R, Sweep L, Cross L, Sweep R, Cross R $\frac{1}{4}$ Turn R With Back Basic, Back L, $\frac{1}{2}$ Turn R With Fwd Basic

- 1-3 Step forward on right (1), make $\frac{1}{8}$ turn right sweeping left foot round (2,3) 3.00 右足前踏, 右轉45度左足以2拍繞至前(面向3點鐘)
- 4-6 Cross left over right (4), sweep right foot round (5,6) 3.00 左足於右足前交叉踏, 右足以2拍繞至前(面向3點鐘)
- 1-3 Cross right over left (1), make $\frac{1}{4}$ turn right stepping back on left (2), step right next to left (3) 6.00 右足於左足前交叉踏, 右轉90度左足後踏, 右足併踏(面向6點鐘)
- 4-6 Step back on left (4), make $\frac{1}{2}$ turn right stepping forward on right (5), step left next to right (6) 12.00 左足後踏, 右轉180度右足前踏, 左足併踏(面向12點鐘)

第五段 R Fwd Basic (Close Close), L Back Basic With $\frac{1}{4}$ Turn R, R Fwd Basic, L Back Basic With $\frac{1}{4}$ Turn R

- 1-3 Step forward on right (1), step left next to right (2), step right in place (3) 12.00 右足前踏, 左足併踏, 右足踏(面向12點鐘)

- 4-6 Step back on left (4), make $\frac{1}{4}$ turn right stepping right next to left (5), step left in place (6) 3.00
左足後踏, 右轉90度右足併踏, 左足踏(面向3點鐘)
- 1-3 Step forward on right (1), step left next to right (2), step right in place (3) 12.00 右足前踏, 左足併踏, 右足踏(面向12點鐘)
- 4-6 Step back on left (4), make $\frac{1}{4}$ turn right stepping right next to left (5), step left in place (6) 6.00
左足後踏, 右轉90度右足併踏, 左足踏(面向6點鐘)

第六段 Cross R, Point L, Hold, L Cross, R Side Rock, Weave: R Cross L Side R Behind, Side L, Drag R

- 1-3 Cross right over left (1), point left to left side (2), hold (3) 6.00 右足於左足前交叉踏, 左足左點, 候(面向6點鐘)
- 4-6 (this is like a L twinkle – but no time to travel forward) Cross left over right (4), rock right to right side (5), recover weight to left (6) 6.00
(跳法像在跳左Twinkle, 但是不往前移動)
左足於右足前交叉踏, 右足右下沉, 左足回復
- 1-3 Cross right over left (1), step left to left side (2), cross right behind left (3) 6.00
右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏(面向6點鐘)
- 4-6 Take big step to left side (4), drag right foot in next to left over 2 counts (5,6) 6.00 左足左一大步, 右足以2拍拖併(面向6點鐘)

TAG: At the END of the 5th wall you will be facing the back add the following 6 count tag 第五面牆結束時, 加跳下面6拍

- 1-3 Take big step to right side (1), drag left foot in next to right over 2 counts (2,3) 6.00 右足右一大步, 左足以2拍拖併(面向6點鐘)
- 4-6 Take big step to left side (4), drag right foot in next to left over 2 counts (5,6) 6.00
左足左一大步, 右足以2拍拖併(面向6點鐘)
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