

Life Ain't Fair

拍數: 32 牆數: 4 級數: Easy Intermediate ECS
編舞者: Helena Jeppsson (SWE) - October 2014
音樂: Life Ain't Fair and the World Is Mean - Sturgill Simpson



Heel switches, heel, hook, together

- 1& Put right heel forward, step right foot beside left
- 2& Put left heel forward, step left foot beside right
- 3& Put right heel forward, hook right foot in front of left
- 4& Put right heel forward, step right foot beside left
- 5& Put left heel forward, step left foot beside right
- 6& Put right heel forward, step right foot beside left
- 7& Put left heel forward, hook left foot in front of right
- 8& Put left heel forward, step left foot beside right

Heel jacks, weave, point

- 1& Cross right foot over left, step left foot to left side
- 2& Put right heel forward on right diagonal, step right foot beside left
- 3& Cross left foot over right, step right foot to right side
- 4& Put left heel forward on left diagonal, step left foot beside right
- 5& Cross right foot over left, step left foot to left side
- 6& Step right foot behind, left, step left foot to left side
- 7&8 Cross right foot over left, step left foot to left side, touch right toe to right side

On walls 3, 6 dance count &9&10

(&9&10) □ Step right beside left, touch left toe to left side, step left beside right, touch right toe to right side

Make 1/4 turn R, shuffle, shuffle 1/2 turn R, coaster step, L shuffle

- 1&2 1/4 turn R stepping right foot forward, step left beside right, step forward on right foot (3:00)
- 3&4 1/4 turn R stepping left foot to side, step right beside left, 1/4 turn R stepping back on left foot

Restart here on wall 4

- 5&6 Step back on right foot, step left foot beside right, step forward on right foot
- 7&8 Step forward on left foot, step right foot beside left, step forward on left (9:00)

Dorothy steps with 1/2 turn L, out, out, swivels

- 1, 2& Step right foot forward, step left foot behind right, small step forward on right foot
- 3, 4& 1/2 turn L stepping left foot forward, step right foot behind left, small step forward on left foot (3:00)
- 5,6 Step right foot to right side, step left foot to left side (weight on both feet)
- 7&8& Swivel both toes in, swivel both heels in, swivel toes in, swivel heels to center (feet beside each other)

TAG: at the end of 1st wall and 6th wall

- 1& Rock forward on right foot, recover weight onto left foot
- 2& Rock back on right foot, recover weight onto left foot
- 3&4& Repeat count 1&2& above
- 5&6 Right shuffle forward (stepping R L R)
- 7&8 Scuff left heel, hitch left knee scotching forward on right foot, step left foot forward

Last Update - 6th Nov 2014