

# Cookies and Cream

**COPPER** KNOB  
STEPSHEETS

拍數: 48                      牆數: 2                      級數: Phrased Low Intermediate  
編舞者: Aric Lemieux (USA) - September 2014  
音樂: Cookies and Cream - Veronica Ballestrini : (Album: Flip Side)



#32 Count Intro - Sequence: AAB AACA AAB AAC AAB AACA

## Part A – 32 counts

### Chasse Right, Left Rock Behind, Recover, Chasse Left, Right Rock Behind, Recover

1&2                      Step right to right, step left together, step right to right  
3, 4                      Step left behind right, recover weight to right  
5&6                      Step left to left, step right together, step left to left  
7, 8                      Step right behind left, recover weight to left

### Step Right, Hitch Left & Scoot, Step Left, Hitch Right & Scoot, Rocking Chair

1, 2                      Step forward right, hitch left while hopping forward on right foot  
3, 4                      Step forward left, Hitch right while hopping forward on left foot  
5, 6                      Rock forward on right, recover weight to left  
7, 8                      Rock back on right, recover weight to left

### Triple Step 1/4 Turn Left, Rock Left Behind Recover, 3/4 Turn Right, Shuffle LRL

1&2                      Step right forward to 12:00, bring left together turning 1/4 left, step right to right  
3, 4                      Step left behind right, recover weight to right  
5                          1/4 turn right stepping back on left (12:00)  
6                          1/2 turn right stepping forward on right (6:00)  
7&8                      Step left forward, step right together, step left forward

### Step Right, Hold, Step Left, Hold, \*Weight Changes Right, Left, Right, Left\*

1, 2                      Step right forward/out, hold  
3, 4                      Step left slightly to the side, hold  
5,6,7,8                      Change weight to right foot, change weight to left foot, change weight to right foot, change weight to left foot.

**\*Dancer's Option: Hip rolls, sways, whatever makes the movement expressive!\***

## Part B: 4 counts

### Make 1/4 Pivot Turn Left, 1/4 Pivot Turn Left

1, 2                      Step right forward, turn 1/4 left changing weight to the left  
3, 4                      Step right forward, turn 1/4 left changing weight to the left

## Part C: 12 counts

### Chasse Right, Rock, Recover, Chasse Left, Rock, Recover

1&2                      Step right to right, step left together, step right to right  
3, 4                      Step left behind right, recover weight to right  
5&6                      Step left to left, step right together, step left to left  
7, 8                      Step right behind left, recover weight to left

### Make 1/4 Pivot Turn Left, 1/4 Pivot Turn Left

1, 2                      Step right forward, turn 1/4 left changing weight to the left  
3, 4                      Step right forward, turn 1/4 left changing weight to the left

Contact: [aric@soundtrainmusic.com](mailto:aric@soundtrainmusic.com)

