

I Don't Look Good Naked Anymore

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Leif Wittorff (DK) - October 2014
音樂: I Don't Look Good Naked Anymore - The Snake Oil Willie Band



Intro: 8 counts start on vocals

Lockstep, Scuff, Lockstep, Hold

1 – 2 Step fwd. on R, Lock L behind R, (12:00)
3 – 4 Step fwd. on R, Scuff L
5 – 6 Step fwd. on L, Lock R behind L,
7 – 8 Step fwd. on L, Hold

Monterey ¼ turn R x 2

1 – 2 Point R to R side, turn ¼ R on L stepping R next to L (3:00)
3 – 4 Point L to L side, step L beside R (Weight on L)
5 – 6 Point R to R side, turn ¼ R on L stepping R next to L (6:00)
7 – 8 Point L to L side, step L beside R (Weight on L)

Chassé R, Hold, Cross rock, Recover, Step L, Hold

1 – 2 Step R to R side, step L next to R (6:00)
3 – 4 step R to R side, Hold
5 – 6 Step L across R, Recover to R
7 – 8 Step L to L, Hold

Lockstep back R, Hold, Lockstep back L, Hold□

1 – 2 Step back on R, Lock L over R (6:00)
3 – 4 Step back on R, Hold
5 – 6 Step back L, Lock R over L
7 – 8 Step back L, Hold

Back rock R, ½ turn L, Hold, Tripple ½ turn L, Hold□

1 – 2 Step back R, recover L
3 – 4 ½ turn L stepping back on R, Hold (12:00)
5 – 6 ¼ turn L stepping L to L, step R beside L (9:00)
7 – 8 ¼ turn L stepping L fwd., Hold (6:00)

Chassé R, Hold, Chassé L, Hold□

1 – 2 Step R to R side, step L next to R (6:00)
3 – 4 step R to R side, Hold
5 – 6 Step L to L side, step R next to L
7 – 8 step L to L side, Hold

Sailor ¼ turn R, Hold, Shuffle fwd. R, Hold□

1 – 2 Sweep R behind L turning ¼ R, Step L beside R (9:00)
3 – 4 Step fwd. on R, Hold
5 – 6 Step fwd. on L, Step R next to L
7 – 8 Step fwd. on L, Hold

Sway, Hold x 4

1 – 2 Sway hips R, Hold (9:00)
3 – 4 Sway hips L, Hold

5 – 6 Sway hips R, Hold
7 – 8 Sway hips L, Hold

This dance is dedicated to Lotte Vonsild, because she likes it so much.

Enjoy !

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