

Swayed

拍數: 96 牆數: 4 級數: Phrased Intermediate
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音樂: Swayed - Big Fat Snake



Sequence : A - A - B - A - A - B - A - A (Restart after 12 counts) - B - B - B

Intro: 24 counts from 1st beat (appr. 12 seconds) Start with weight on R foot

Restart: On wall 8 after 12 counts in A pattern, Restart with B pattern *

A: 48 counts □□

#1 section: □ Twinkle, twinkle ½ turn, twinkle, twinkle ½ turn □

1-2-3 Cross L over R, step fw. R to R diagonal, step L fw. to L diagonal □ 12:00

4-5-6 Cross R over L, make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side
6:00

7-8-9 Cross L over R, step R fw. to R diagonal, step L fw. to L diagonal □ 6:00

10-11-12 Cross R over L, make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side *
12:00

(Restart on wall 8) □□

#2 section: □ Step fw. point, step back point, step ½ turn step, run run run □

1-2-3 Step fw. on L, point R fw. diagonal □ 12:00

4-5-6 Step back on R, point L back diagonal □ 12:00

7-8-9 Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L □ 6:00

10-11-12 Run ½ turn over 3 counts, R, L, R □ 12:00

#3 section: □ Step ¼ turn with low kick, step back with sweep, back twinkle, back twinkle □

1-2-3 Make ¼ turn L stepping fw. on L, while low kicking R fw. diagonal □ 9:00

4-5-6 Step back on R while sweeping L □ 9:00

7-8-9 Cross L behind R, step R to R side, step L to L side □ 9:00

10-11-12 Cross R behind L, step L to L side, step R to R side □ 9:00

#4 section: □ Figure 4 ½ turn L, coaster back, figure 4 ½ turn L, coaster back □

1-2-3 Step fw. on L while R foot goes to L shin, turn ½ turn L on L foot □ 3:00

4-5-6 Step back on R, step L next to R, step fw. on R □ 3:00

7-8-9 Step fw. on L while R foot goes to L shin, turn ½ turn L on L foot □ 9:00

10-11-12 Step back on R, step L next to R, step fw. on R □ 9:00

B: 48 counts □□

#5 section: □ Sway, sway, sailor step, sailor step □

1-2-3 Sway L over 3 counts □ 12:00

4-5-6 Sway R over 3 counts □ 12:00

7-8-9 Cross L behind R, step R to R side, step L to L side □ 12:00

10-11-12 Cross R behind L, step L to L side, step R to R side □ 12:00

#6 section: □ Step fw. while sweeping ¼ turn, weave, side rock cross, ¼ turn back back □

1-2-3 Step fw. on L while sweeping ¼ turn L □ 9:00

4-5-6 Cross R over L, step L to L side, cross R behind L □ 9:00

7-8-9 Rock L to L side, recover on R, cross L over R □ 9:00

10-11-12 Make ¼ turn L stepping back on R, step back on L, step back on R □ 6:00

#7 section: □ Step fw. make ¼ turn with point, step down make ¼ turn point, slow step ½ turn, slow step ½ turn □

1-2-3 Step fw. on L, make ¼ turn L while pointing R to R side □ 3:00

4-5-6 Make ¼ turn R stepping down on R, make ¼ turn L while pointing L to L side □ 9:00

7-8-9 Step fw. on L, make ½ turn R stepping fw. on R over 3 counts □ 3:00
10-11-12 Step fw. on L, make ½ turn R stepping fw. on R over 3 counts □ 9:00

#8 section: □ Sway, sway, sailor step, sailor step □

1-2-3 Sway L over 3 counts □ 9:00
4-5-6 Sway R over 3 counts □ 9:00
7-8-9 Cross L behind R, step R to R side, step L to L side □ 9:00
10-11-12 Cross R behind L, step L to L side, step R to R side □ 9:00

Good Luck & N'joy!
