

# Glow

**COPPER KNOB**  
BY STEPHEN

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Chris Hodgson (UK) - September 2014  
音樂: Glow - Ella Henderson : (CD: single)



## #16 Count Intro-On Vocals

### [1-8] □ SIDE-TOGETHER / CHASSE / CROSS-FULL UNWIND / CHASSE

1-2            Step Right To Right Side, Step Left Next To Right  
3&4           Step Right To Right Side, Step Left Next To Right, Step Right To Right Side  
5-6           Cross Left Over Right, Unwind Full Turn Right (Weight Ends On Right)  
7&8           Step Left To Left Side, Step Right Next To Left, Step Left To Left Side (12)

### [9-16] □ BACK ROCK / SIDE-ROCK-CROSS / BACK-1/2 TURN-HOOK / SHUFFLE FORWARD

1-2            Step Back On Right, Rock Weight Forward Onto Left  
3&4           Step Right To Right Side, Rock Weight Onto Left, Cross Right Over Left  
5-6           Step Back On Left, 1/2 Turn Right On Left Hooking Right Foot Over Left  
7&8           Step Forward On Right, Step Left Next To Right, Step Forward On Right (6)

### [17-24] □ CROSS-BACK&CROSS-BACK / TOE TAPS / HOOK-POINT-1/4 TURN (Monteray turn)

1-2&           Cross Left Over Right, Step Back On Right, Step Back On Left  
3-4&           Cross Right Over Left, Step Back On Left, Step Back On Right  
5&6           Tap Left Toes Over Right, Step Left Next To Right, Tap Right Toes Over Left  
&7-8           Hook Right Over Left Shin, Point Right To Right Side, 1/4 Turn Right Stepping Right Next To Left (9)

### [25-32] □ WALK FORWARD x 2 / MAMBO STEP / MAMBO 1/2 TURN / HOLD-BALL-STEP

1-2            Walk Forward On Left, Walk Forward On Right  
3&4           Step Forward On Left, Rock Back Onto Right, Step Left Next To Right  
5&6           Step Back On Right, Rock Forward Onto Left, 1/2 Turn Left Stepping Back On Right (3)  
7&8           Hold, Step Ball of Left next to Right, Step Forward On Right

### [33-40] □ CROSS&TOE&CROSS&TOE / &CROSS&CROSS&CROSS-POINT

1&2            Cross Left Over Right, Step Right Slightly To Right, Touch Left Toes To Left Diagonal  
&3&4           Step Left Next To Right, Cross Right Over Left, Step Left Slightly To Left, Touch Right Toes To Right Diagonal  
&5&6           Step Right Next To Left, Cross Left Over Right, Step Right Slightly To Right Side, Cross Left Over Right  
&7-8           Step Right Slightly To Right, Cross Left Over Right, Point Right Toes To Right Side

### [41-48] □ FLICK-POINT / SAILOR 1/4 TURN / SHUFFLE 1/2 TURN / 1/2 TURN-STEP FORWARD

1-2            Flick Right Behind Left, Point Right To Right Side  
3&4           Sweep Right Around Behind Left Making 1/4 Turn Right, Step Left To Left Side, Step Right To Right Side (6)  
5&6           1/4 Turn Right Stepping On Left, Step Right Next To Left, 1/4 Turn Right Stepping Back On Left (12)  
7-8           1/2 Turn Right Stepping Forward On Right, Step Forward On Left (6)

## BEGIN AGAIN & ENJOY!

**Note: The Music Slows Down A Little Towards The End Of The Song...Just Keep Dancing!**

Contact - [chrissiehodgson@sky.com](mailto:chrissiehodgson@sky.com) - 01704-879516

