

拍數: 32 編數: Advanced Beginner

編舞者: Henry Costa (USA) - September 2014

音樂: Come and Get Your Love - Redbone: (CD: Awesome Mix Vol. 1 Guardians of

the Galaxy)



Start dance after 16cts in.

1&2	Kick with Point forward right (facing 12 o' clock), step back with right with slight turn (1/8))
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toward (2 o'clock), point left to left Side (now facing 2 o'clock)

3&4 Kick with Point forward left (facing 2 o' clock), step back with left with slight turn (1/8) (toward

3 o'clock), point right to right Side (now facing 3 o'clock)

5&6 Kick with Point forward right (facing 3 o' clock), step back with right with slight turn (1/8)

(toward 4 o'clock), point left to left Side (now facing 4 o'clock)

7&8 Kick with Point forward left (facing 4o' clock), step back with left with slight turn (1/8) (toward

(6 o'clock), point right to right Side (now facing 6 o'clock)

You have completed a half turn. You started at 12 o'clock and now are facing 6 o'clock

S2: RIGHT KICK FORWARD, RIGHT KICK TO THE SIDE, TRIPLE STEP, LEFT KICK FORWARD, LEFT KICK TO THE SIDE, TRIPLE STEP

1-2 Kick right forward, Kick right to the side

3&4 (Triple step) Step ball of Right behind left foot, step Left foot in place, step Right foot to center

5-6 Kick left forward, Kick left to the left side

7&8 (Triple step) Step ball of left behind right foot, step right foot in place, step left foot to center

S3: FORWARD, RECOVER, TURN, TURN, COASTER STEP, FORWARD, TOUCH

1-2 Forward Right, recover back on left

3-4 ½ turn right, ½ turn right stepping back on left 5&6 Right back, Left next to right, forward right

7-8 Forward left. Touch right next to left

S4: SIDE, RECOVER, FORWARD CROSS RIGHT, SIDE, RECOVER, FORWARD CROSS LEFT, SIDE, RECOVER, FORWARD CROSS RIGHT, SIDE, RECOVER, FORWARD CROSS LEFT

1&2	Rock right foot out to right side, recover weight on left, cross right forward over left
3&4	Rock left foot out to left, recover weight on right, cross left forward over right
5&6	Rock right foot out to right side, recover weight on left, cross right forward over left
7&8	Rock left foot out to left, recover weight on right, cross left forward over right

BEGIN AGAIN

#3 easy Tags:

End of wall 3/before start of wall 4, End of wall 6/before start of wall 7, End of wall 9/before start of wall 10

1-4 step side right, touch left next to right, step side left, touch right next to left

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