

Por Amor

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate - Rumba
編舞者: Rarayanti Marwan (INA) - September 2014
音樂: Por Amor by Gloria Estefan & John Secada



Dance start on underlined vocal of "POR AMOR"

SECTION 1: □ FORWARD, HOLD, ¼ R TURN, ¼ L TURN, 1/8 L TURN, HOLD, WALK2

- 1 – 2 Forward on R, hold
- 3 – 4 ¼ R turn forward on L (03.00), ¼ L turn side on R (12.00)
- 5 – 6 1/8 L turn back on L, hold (11.30)
- 7 – 8 Forward on R, forward on L

SECTION 2: □ ¼ L TURN, HOLD, FORWARD, ½ L TURN, ½ L TURN, 3/8 L TURN, DIAGONAL BACKWARD 2X

- 1 – 2 ¼ L turn side on R (07.30), hold
- 3 – 4 ¼ L turn forward on L (04.30), ½ L turn step back on R (11.30)
- 5 – 6 ½ L turn forward on L (04.30), 3/8 L turn step back on R while sway hip (12.00)
- 7 – 8 LR step diagonal backward while sway hips (12.00)

SECTION 3: □ ¼ L TURN, HOLD, ½ L TURN, ½ L TURN, FORWARD, HOLD, ¼ R TURN, ¼ L TURN

- 1 – 2 ¼ L turn forward on L, hold (09.00)
- 3 – 4 ½ L turn step back on R (03.00), ½ L turn forward on L (09.00)
- 5 – 6 Forward on R, hold
- 7 – 8 ¼ R turn forward on L (12.00), ¼ L turn side on R (09.00)

SECTION 4: □ BACK, HOLD, SIDE, BACK, RECOVER, ¼ L TURN, ½ L TURN, ½ L TURN

- 1 – 2 Step back on L, hold
- 3 – 4 Big step side on R, back on L
- 5 – 6 Recover on R, ¼ L turn forward on L (06.00)
- 7 – 8 ½ L turn step back on R, ½ L turn forward on L (06.00)

In this dance, there is 1 Restart during wall 6, finish dancing until 28 count, by changing step 28 (section 4) with :

Step (28) □ ¼ L turn step L together beside R, while changing body weight on L

Enjoy the dance....

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