

Koo Gud

COPPER KNOB
STEPSHETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sally Hung (TW) - September 2014
音樂: Shi Lian Zhen Xian Lian Meng by Grasshoppers



Sequence of dance: No Tag, No Restart
Start to dance after 32 counts

S1. BACK ROCK, RECOVER, FWD SHUFFLE, FWD ROCK, RECOVER, BACK SHUFFLE

1,2,3&4 Rock R back, recover onto L, fwd shuffle on RLR

5,6,7&8 Rock L fwd, recover onto R, shuffle back on LRL

S2. CROSS MAMBO X2, ¼ TURN L, PIVOT ½ TURN L, ¼ TURN L SIDE SHUFFLE

1&2,3&4 Cross mambo on RLR, cross mambo on LRL

5,6,7&8 ¼ turn L stepping R fwd, pivot ½ turn L, ¼ turn L side shuffle on RLR

S3. CROSS MAMBO X2, ¼ TURN R, PIVOT ½ TURN R, ¼ TURN R SIDE SHUFFLE

1&2,3&4 Cross mambo on LRL, cross mambo on RLR

5,6,7&8 ¼ turn R stepping L fwd, pivot ½ turn R, ¼ turn R side shuffle on LRL

S4. BACK ROCK, RECOVER, FWD SHUFFLE, PIVOT ½ TURN R, TRIPLE ½ TURN R

1,2,3&4 Rock R back, recover onto L, shuffle fwd on RLR

5,6,7&8 Step L fwd, pivot ½ turn R, triple ½ turn R on LRL

S5. BACK ROCK, RECOVER, FWD ROCK, RECOVER, ¼ TURN R FWD, LOCK, STEP LOCK STEP

1,2,3,4 Rock R back, recover onto L, rock R fwd, recover onto L

5,6,7&8 ¼ turn R stepping R fwd, lock step L behind R, step R fwd, lock step L behind R, step R fwd

S6. ROCKING CHAIR, ¼ TURN L FWD, LOCK, STEP LOCK STEP

1,2,3,4 Rock L fwd, recover onto R, rock back on L, recover onto R

5,6,7&8 ¼ turn L stepping L fwd, lock step R behind L, step L fwd, lock step R behind L, step L fwd

S7. STEP FWD, PIVOT ¼ TURN L X2, JAZZ BOX

1,2,3,4 Step fwd on R, pivot ¼ turn L, step fwd on R, pivot ¼ turn L

5,6,7,8 Cross step R over L, step back on L, step R to side, step L fwd

S8. BRUSH, HOOK, FWD SHUFFLE, BRUSH, HOOK, FWD SHUFFLE

1,2,3&4 Brush R to diagonal L fwd, hook diagonal L back, fwd shuffle on RLR

5,6,7&8 Brush L to diagonal R fwd, hook diagonal R back, fwd shuffle on LRL

Have Fun!

Contact Sally Hung: hung1125@gmail.com