

Say Yes

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Donna Manning (USA) - September 2014
音樂: Say Yes by Michelle Williams, Beyonce', Kelly Rowland



***Do the 16 count Intro once after 32 counts then into the dance. NO Tags Or Restarts

Intro: Side Mambo with Samba feel L & R, Mambo ½ turn L, Triple

*** Do this 8 counts twice before dance starts***

1a2, Push off the ball of the L to L side, recover to R, Bring L to center
3a4 Push off the ball of the R to R side, recover to L, Bring R to center
5&6 Push off the ball of L in front, recover to R, ½ turn to the L
7&8 Step R fwd, ball of L to R, Step R fwd □ (12:00)

Dance Pattern □

Sec.1(1-8) □ Step, Together, Triple Step - Repeat

1,2,3&4 Step L fwd (toe out), Step ball R to L (3rd position), Step L fwd, Close ball R to L in 3rd, Step L fwd
5,6,7&8 Step R fwd (toe out), Step ball L to R (3rd), Step R fwd, Close ball L to R in 3rd, Step R fwd (12:00)

Sec.2(9-16) □ Rock, Recover, Step back, ½ Turn, ¼ Turn, Behind, ¼ Turn, ¼ Turn

1,2,3,4 Rock L fwd, Recover to R, Step L back, ½ Turn R Stepping R fwd (6:00)
5,6,7,8 ¼ Turn R Stepping L to L side, R behind L, ¼ Turn L stepping L fwd, ¼ Turn L Stepping R to R side (3:00)

(Over rotate the ¼ turn slightly to facilitate back rock – should be facing like 2:00)

Sec.3(17-24) □ Back Rock, Recover, Step, Clap 2X – Repeat

1,2,3&4 Rock L back, Recover to R, Step L to diagonal (1:30), Clap Twice(&4)
5,6,7&8 Rock R back, Recover to L, Step R to diagonal (4:30), Clap Twice(&8)

Styling tip – push off the ball of the back foot for the back rock, do not go to the heel – keep the foot close to the supporting leg. □ (3:00)

Sec.4(25-32) □ Rocking Chair, 2Walks, Step, ½ Turn

1,2,3,4 Rock L fwd, Recover to R, Rock L back (ball of ft), Recover to R
5,6,7,8 Walk fwd L, R, Step L fwd & on the ball of the L make ½ turn R, bring R close to L taking weight (9:00)

HAVE FUN!

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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