

The Best Day Of My Life

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Pat Margarita (USA) - September 2014
音樂: Best Day of My Life - American Authors : (Album: Oh, What A Life)



#16 Count Intro

Walk, Walk Shuffle Forward Twice

1-2 Step right forward, left forward
3&4 Shuffle forward (right, left, right)
5-6 Step left forward, right forward
7&8 Shuffle forward (left, right, left)

½ Turn Left, Rock Recover, Coaster, Walk, Walk

Tag Wall 5: on counts 5-6 , Stomp right, Stomp Left, Restart

1-2 Step right forward, ½ turn left forward (weight on left)
3-4 Rock forward on right, , recover back on left
5&6 Step back on right, left back beside right, step forward on right
7-8 Step forward left, right

½ Turn Right, Rock Recover, Coaster, Walk, Walk

1-2 Step left forward, ½ turn right forward (weight on right)
3-4 Rock forward on left, recover back on right
5&6 Step back on left, step right back beside left, step left forward
7-8 Step forward right, left

Kickball change ¼ left, Kickball change ¼ left, Kickball change in place, Rocking chair

1&2 Kick right forward, step down on ball of right making ¼ turn left forward
3&4 Kick right forward, step down on ball of right making ¼ turn left forward
5&6 Kick right forward, step on ball of right, step left in place
7-8 Rock right forward, recover back on left, (weight ends on left)

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