

# Just Lay Low

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Rick Culley (UK) - September 2014  
音樂: Lay Low - Josh Turner



**\*\* (Dedicated to Jean Webb for all her hard work ) \*\***

## **Side Step, Side Chasse , Rock Forward, Recover, Coaster Step**

1 - 2      Step right to side touch Left together.  
3&4      Step Right Side Step left together Step right Side  
5 - 6      Rock Left Forward recover weight on Right  
7&8      Step Left back Step Right next to left Step left Forward.

## **Rock Side Recover, Crossing Shuffle, Side Behind , Sailor Step**

1 - 2      Step Right to Right Recover on Left  
3&4      Cross R over L small Step L to L side Cross R over L  
5 - 6      Step L to L side cross R behind L  
7&8      Step L back Step R next to L Step L Forward.

## **Rock Recover Coaster Step Rock Recover, 1/2 Turn Shuffle**

1 -2      Rock Forward on R Recover on L  
3&4      Step Back on R ,Step L next R Step Forward on R  
5-6      Rock forward on L ,Recover on Left.  
7&8      ½ turn left shuffle L R L

## **Right Shuffle, Step ¼ Turn, Walk Walk, Left Shuffle**

1&2      Step R Forward ,Step left together, Step R Forward  
3-4      Step Forward L ¼ R Turn  
5-6      Walk L,R  
7&8      Step L Forward ,Step R Together , Step Left Forward .

**One Restart 4th Wall (3:00 ), do the first 16 counts then Restart the dance**

Hope you enjoy

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