

Wings

拍數: 32 牆數: 4 級數: Easy Intermediate
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音樂: Wings - Birdy



Intro: 32 counts start on vocals

You could also use the deluxe version

STEP RIGHT, ROCK BACK, RECOVER, 1/4 LEFT, STEP TURN STEP, FULL TURN MAMBO STEP

1-2 Step right to right side, Rock back on left
&3 Recover on right, Turn 1/4 left stepping forward on left
4&5 Step forward on right, Pivot 1/2 left, Step forward on right
6-7 Turn 1/2 right stepping back on left, Turn 1/2 right stepping forward on right
8&1 Rock forward on left, Recover on right, Step back on left

BEHIND SIDE CROSS, ROCK OUT CROSS, STEP RIGHT, 1/4 LEFT, CROSS ROCK SIDE

2&3 Step right behind left, Step left to left side, Cross step right over left
4&5 Rock out to left side, Recover on right, Cross step left over right
6-7 Step right to right side, Turn 1/4 left stepping left to left side
8&1 Cross rock right over left, Recover on left, Step right to right side

BEHIND SIDE CROSS, STEP RIGHT, SAILOR 1/4 HEEL, & CROSS BACK HEEL

2&3-4 Step left behind right, Step right to right side, Cross step left over right, Step right to right side
5&6 Step left behind right, Turn 1/4 left stepping right to right side, Touch left heel forward
&7&8 Step forward on left, Cross step right over left, Step slightly back on left, Touch right to right diagonal

& ROCK FORWARD, RECOVER, 1/2 TURN SHUFFLE, PIVOT 1/2 LEFT, SWAY HIPS

&1-2 Step forward on right, Rock forward on left, Recover on right
3&4 Turn 1/2 left stepping forward on left, Step right next to left, Step forward on left
5-6 Step forward on right, Turn 1/2 left
7-8 Sway hips to right side, Sway hips to left side

Tag: At the end of wall 3 add the 8 count tag

WALK, WALK, STEP TURN STEP, TURN 1/4 RIGHT, CROSS SHUFFLE, TOUCH

1-2 Walk forward on right, Walk forward on left
3&4 Step forward on right, Turn 1/2 left, Step forward on right
5-6 Step forward on left, Turn 1/4 right
7&8& Cross step left over right, Step right to right side, Cross step left over right, Touch right next to left

Start Again.....Happy Dancing