

Little Arrows

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Heather Freeman (UK) - September 2014
音樂: Little Arrows - Leapy Lee : (Album: Back to the 60s, Vol 1:18 Flashback Memories - Re-recorded Versions)



Intro: 8 counts (approx. 4 seconds into the track)

WALK, WALK, SHUFFLE, PIVOT ¼ TURN, CROSSING SHUFFLE

1-2 Step fwd on right foot, step fwd on left foot
3&4 Step fwd on the right foot, step left foot next to right, step fwd on right foot.
5-6 Step fwd on left foot, pivot ¼ turn over right shoulder
7&8 Cross left foot over right, step right foot to right side, cross left foot over right

CHASSE, CHASSE ¼ TURN, WALK, WALK, KICK BALL CHANGE

1&2 Step right foot to right side, step left foot next to right, step right foot to right side
3&4 Step left foot to left side turning ¼ left, step right foot next to left, step left foot to left side
5-6 Step fwd on right foot, step fwd on left foot
7&8 Kick right foot fwd, step right foot next to left, recover on left foot

PIVOT ½ TURN, STEP FWD, KICK, SHUFFLE BACK, ROCK, RECOVER

1-2 Step fwd on right foot, pivot ½ turn over left shoulder
3-4 Step fwd on right foot, kick left foot fwd
5&6 Step back on left foot, step right foot next to left, step back on left foot
7-8 Rock back on right foot, recover on left foot

(Tag & Restart here on Wall 3)

ROCKING CHAIR, JAZZ BOX

1-2 Rock fwd on right foot, recover on left
3-4 Rock back on right foot, recover on left
5-6 Cross right foot over left, step back on left foot
7-8 Step right foot to right side, step left foot next to right

TAG: Wall 3

JAZZ BOX WITH TOE STRUTS

1-2 Cross right toe over left, drop weight on to right heel
3-4 Step back on left toe, drop weight on to left heel
5-6 Step right toe to right side, drop weight on to right heel
7-8 Step left toe next to right, drop weight on to left heel

CROSS UNWIND ½ TURN

1-2 Cross right foot over left
3-4 Unwind ½ turn over left shoulder

Pull your arrow back on your bow and start the dance again when the beat kicks back in!

Contact: heatherf@nulinedance.com