

It's Time To Dance

COPPER KNOB
BY STEPHEN TSE

拍數: 32 牆數: 4 級數: Ultra Beginner
編舞者: Irene Tang (HK) - September 2014
音樂: From Time to Time - Rascal Flatts : (iTunes - 3:48)



Count In: After 48 counts □

SEC 1: □3 WALK, FWD POINT, 3 BACK, TOUCH

1 – 4 Walk forward 3 steps on RF, LF, RF, Point LF forward
5 – 8 Walk back 3 steps on LF, RF, LF, touch RF next to LF

SEC 2: □FWD ROCK, RECOVER, TRIPLE STEP, BACK ROCK, RECOVER, TRIPLE STEP

1 – 2 Rock RF fwd, Recover weight to LF
3&4 Triple step on spot RLR
5 – 8 Rock LF back, Recover weight to RF
7&8 Triple step on spot LRL

SEC 3: □SIDE ROCK, RECOVER, TRIPLE STEP, SIDE ROCK, RECOVER, TRIPLE STEP

1 – 2 Rock RF to R, Recover weight to LF
3&4 Triple step on spot RLR
5 – 8 Rock LF to L, Recover weight to RF
7&8 Triple step on spot LRL

SEC 4: □SIDE CLOSE SIDE TOUCH, R1/4 SIDE CLOSE SIDE TOUCH

1 – 2 Step RF to R, Close LF to RF
3 – 4 Step RF to R, Touch LF next to RF (prep for turning 1/4 R, weight on RF)
5 – 6 Finish turning 1/4 right, Step LF to L, Close RF to LF
7 – 8 Step LF to L, Touch RF next to LF

Repeat & Enjoy ~~ Dance Is LIFE, Enjoy Dancing from Time to Time

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