

I'm Shakin'

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Freya Steinhagen (DE) - September 2014
音樂: I'm Shakin' - Jack White



Intro: It starts with the vocals - No Tags, no Restarts

Side, hold, together, hold, side shuffle, touch

1-4 Step R side, hold, step L next to R, hold,
5-8 Step R side, step L together, step R side, touch L next to R

¼ turn l, hold, point, hold, run 4x

1-2 Make a ¼ turn left stepping forward on L, hold, (9:00)
3-4 Point R to right side, hold,
5-8 Run forward (R L R L) – weight is on L

Syncopated jazz box with holds

1-4 Cross R over L, hold, step back on L, hold,
5-8 Step R to right side, hold, step L forward, hold,

Jazz box with cross - ball step, heel swivel out, 2x

1-4 Cross R over L, step back on L, step R to right side, cross L over R,
5-6 Step ball of R slightly diagonal forward, swivel heel out
7-8 Lift R and step ball of R slightly diagonal forward again, swivel heel out

Back, hold, bend knees, 2x

1-4 Step slightly diagonal backwards R, hold, bend both knees left and right, – weight is on R,
5-8 Step slightly diagonal backwards L, hold, bend both knees left and right – weight is on L

Back, hold, coaster step back, hold, run, run

1-2 Step back on R, hold,
3-6 Step back on L, step R beside L, step forward on L, hold,
7-8 Run forward (R L)

Point, hold, hitch, point, rock step, recover, touch, hold

1-4 Point R to right side, hold, hitch R up & in front of L, point R to right side,
5-8 Rock forward on R, recover weight on L, touch R next to L, hold

Shuffle ½ turn r, hold, shuffle ½ turn r hold

1-4 Make ¼ turn right stepping forward on R, step L together, make ¼ turn right stepping forward on R, hold, (3:00)
5-8 Make ¼ turn right stepping forward on L, step R together, make ¼ turn right stepping backward on L, hold, (9:00)

Start again

Ending: in wall 7 after section 4 facing (3:00)

1-3 Ball step forward on R, make a ¼ turn left stepping L to left side, step R to right side (12:00)

Have fun

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