

# I'm Shakin'

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Freya Steinhagen (DE) - September 2014  
音樂: I'm Shakin' - Jack White



**Intro: It starts with the vocals - No Tags, no Restarts**

**Side, hold, together, hold, side shuffle, touch**

1-4            Step R side, hold, step L next to R, hold,  
5-8            Step R side, step L together, step R side, touch L next to R

**¼ turn l, hold, point, hold, run 4x**

1-2            Make a ¼ turn left stepping forward on L, hold, (9:00)  
3-4            Point R to right side, hold,  
5-8            Run forward (R L R L) – weight is on L

**Syncopated jazz box with holds**

1-4            Cross R over L, hold, step back on L, hold,  
5-8            Step R to right side, hold, step L forward, hold,

**Jazz box with cross - ball step, heel swivel out, 2x**

1-4            Cross R over L, step back on L, step R to right side, cross L over R,  
5-6            Step ball of R slightly diagonal forward, swivel heel out  
7-8            Lift R and step ball of R slightly diagonal forward again, swivel heel out

**Back, hold, bend knees, 2x**

1-4            Step slightly diagonal backwards R, hold, bend both knees left and right, – weight is on R,  
5-8            Step slightly diagonal backwards L, hold, bend both knees left and right – weight is on L

**Back, hold, coaster step back, hold, run, run**

1-2            Step back on R, hold,  
3-6            Step back on L, step R beside L, step forward on L, hold,  
7-8            Run forward (R L)

**Point, hold, hitch, point, rock step, recover, touch, hold**

1-4            Point R to right side, hold, hitch R up & in front of L, point R to right side,  
5-8            Rock forward on R, recover weight on L, touch R next to L, hold

**Shuffle ½ turn r, hold, shuffle ½ turn r hold**

1-4            Make ¼ turn right stepping forward on R, step L together, make ¼ turn right stepping forward on R, hold, (3:00)  
5-8            Make ¼ turn right stepping forward on L, step R together, make ¼ turn right stepping backward on L, hold, (9:00)

**Start again**

**Ending: in wall 7 after section 4 facing (3:00)**

1-3            Ball step forward on R, make a ¼ turn left stepping L to left side, step R to right side (12:00)

**Have fun**

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