Persian Love



拍數: 32 牆數: 4 級數: Beginner

編舞者: Arefen Ben Djunaed (INA) - September 2014

音樂: Vabastat Shodam - Ahmad Saeedi



Start Dancing on vocal

I. Touch & Hips Bump, Mambo Cross, Turn Chasse

Touch R forward bumping hip R - L - R (lift your hands up and flick your fingers)

3&4 Rock R to side – Recover on L – Cross R over L
5&6 Rock L to side – Recover on R – Cross L over R

7&8 Step R to side – Step L next to R – Turn ¼ right stepping R forward (03:00)

II. Half Pivot, Turn Chasse, Sailor Step, Weave

1-2 Step L forward – Turn ½ right moving weight on R (09:00)

3&4 Turn ½ right stepping L to side – Step R next to R – Step L to side (12:00)

Sweep R behind L – Step L to side – Step R to side
Cross L behind R – Step R to side – Cross L over R

III. Cross Rock - Recover, Syncopation Cross Shuffle

1&2 Cross rock R over L – Recover on L – Step R to side
3&4 Cross rock L over R – Recover on R – Step L to side

5&6& Cross R over L – Ball L behind R – Cross R over L – Ball L behind R

7&8 Cross R over L – Ball L behind R – Cross R over L

(5-8: lean your body to right side and do a body wave)

IV. Coaster Step 2x, 3/4 Volta Turn

Step L forward – Step R together – Step L back
Step R back – Step L together – Step R forward

Turn 3/16 left crossing L over R – Step ball on R slightly behind L
Turn 3/16 left crossing L over R – Step ball on R slightly behind L

7&8 Turn 3/16 left crossing L over R – Step ball on R slightly behind L – Step L forward (03:00)

(5-8: lean your body to left side)

Tag: Do this Tag on wall 2 (03:00) & 6 (12:00) after 16 counts, and after wall 4 (09:00)

&1&2 Step R to outside – Step L to outside – Step R to inside – Step L to inside

&3&4 Kick R forward – Touch R back – Swivel your heel to left – Right

No Restart!

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