

Love Is ... (aka Sciatic Cha Cha)

拍數: 64 牆數: 4 級數: Intermediate - latin style
編舞者: Adrian Churm (UK) - September 2014
音樂: She Will Be Loved (feat. Maroon 5) - Rhythms del Mundo



Sec 1: □Side, back rock, chasse right with ¼ turn, ½ turn right, ½ turn chasse right.

1 – 3 Step left foot to the side, right foot rock back, recover forward onto left.
4&5 Chasse to the right side R,L,R making a ¼ turn right on count 5
6 – 7 Step left foot forward, make a ½ turn right, weight ends on right
8&1 ½ turn chasse L,R,L to the right (ending left foot to the side). [3]

Sec 2: □Cross behind, ½ turn (unwind) right, cross over, rock recover turn, coaster step.

2 – 3 Cross ball of right foot behind left (starting turn), ½ turn right left foot to the side.
4&5 Step right foot across left, left foot to the side (ball of foot), step right foot across left.
6 – 7 Rock left foot out to the side recover onto right (start to turn left),
8 & 1 ¼ turn left step left foot back, close right foot next to left, step left foot forward [6]

Sec 3: □½ turn left lock step forward, ¼ sweep right, lock step back,

2 – 3 Step right foot forward, make a ½ turn left (weight ends on left).
4&5 Step right foot forward, cross left behind right, step right foot forward.
6 – 7 ¼ turn right sweeping left foot around to the front, step onto left foot
8&1 Step right foot back, cross left in front of right, step right foot back. [3]

Sec 4: □Close, step forward lock step forward, ¼ sweep left, coaster step.

2 – 3 Close left foot to right, step right foot forward.
4&5 Step left foot forward, cross right behind left, step left foot forward.
6 – 7 ¼ left sweeping right foot around to the front, step onto right foot.
8&1 Step left foot back, close right foot to left, step left foot forward. [12]

Sec 5: □Forward rock, ½ turn chasse right, cross in front, unwind ½ right coaster step.

2 – 3 Rock right foot forward, recover onto left (starting to turn right).
4&5 ½ turn to right as you chasse around R,L,R.
6 – 7 Step left foot forward and across the right, unwind ½ turn right (weight ends on left)
8&1 Step right foot back, close left next to right, step right foot forward. [12]

Sec 6: □Samba step (pushing hip out)x2, step forward ¼ turn left.

2&3 Step left foot forwards to right diagonal, rock right foot to the side (hip right), recover onto left foot.
4&5 Step right foot forwards to left diagonal, rock left foot out to the side (hip Left), recover onto right foot.
6 – 7 Step left foot forward and across the right slightly to the right diagonal, ¼ turn left step right foot back
8&1 Step left foot back, close right foot to left, step left foot forward. [9]

Sec 7: □Point Right foot across side, behind, side, in front, point sweep, coaster step.

2 – 3 Point right foot across left, point right foot to the side.
4&5 Step right foot behind left, step left foot to the side, step right foot in front of left
6 – 7 Point left foot across right, sweep left around out to the left.
8&1 Step left foot back, close right foot to left, step left foot forward. [9]

Sec 8: □Forward rock, ½ turn chasse right, cross in front, unwind ½ right coaster step.

2 – 3 Rock right foot forward, recover onto left (starting to turn right).
4&5 ½ turn to right as you chasse around R,L,R.

- 6 – 7 Step left foot forward, ½ turn right (weight ends on right)
8 – 1 Step left foot to the side, hold allow weight to settle in the left leg allowing the hip to move left. □ [9]

Restarts:

Wall 2 facing 6 o'clock dance up to and including count 4 (right foot behind) in the 7th section , restart

Wall 5 facing 9 o'clock replace the coaster step on counts 8&1 in the 7th section with a sailor step starting with the right foot ending with the left foot to the side (this will be the first step of the dance again).

Ending: Wall 6 facing 6 o'clock after the ½ turn on counts 6 – 7 in the 8th section simply cross left over right unwind ½ turn right to face the front.

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