

The Woman I Love

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Irene Deng (TW) - September 2014
音樂: The Woman I Love - Jason Mraz : (iTunes)



Intro : 16 Count From The Start of The Track. (Approx. 12 Seconds Into Track)

Section 1 [1 - 8] R MAMBO FORWARD L MAMBO. BACK, TOESTRUTSX2, CROSS, BACK

1 & 2 Rock Forward R(1) ,Recover Onto L(&),Step Back R(2)
3 & 4 Back Rock L(3),Recover onto R(&),Step Forward L(4)
5 & 6& Touch R Toe Forward (5) ,Step R heel down by L(&),Touch L Toe Forward(6),Step L heel
down by R(&)
7 - 8 Cross R over L(7),Step back on L(8). (12:00)

Section 2 [9 - 16] : ChASSE, 1/4 TURN RIGHT, PIVOT, ROLLING VINE, ROCK, 1/4 TURN LEFT STEP

1 & 2 Step R to right side(1) , L next to R(&), Step R to right side(2)
3 & 4 1/4 turn right, Step L Forward(3)(3:00),pivot 1/2 turn(9:00)Step Forward(&) ,Step L
Forward(4)
5 & 6 1/2 turn left Backward on R(5) (3:00),1/2 turn left Step L Forward(&) (9:00),Step R Forward(6)
7 & 8 Rock L Forward(7), Recover on R(&),1/4 turn left Step L to left side(8).(6:00)

Section 3 [17 - 24]: RIGHT SAMBA STEP, LEFT SAMBA STEP JASS BOX

1, &2 Cross Step R over L(1)、 Rock L to left side(&),Recover onto R(2)
3, &4 Cross Step L over R(3)、 Rock R to right side(&),Recover onto L(4)
5 - 6 Cross Step R over L(5),1/4 turn right Step L Backward(6),(9:00)
7 - 8 Step R to right side(7) ,Step L Forward(8).(9:00)

Section 4 [25 - 32]: LOCK, SWIVELS, 2X

1 & 2 Lock Step R Diagonal(1)10:30),Step L Behind R(&),Step Forward On R(2)
3 - 4 L Swivel Forward(3),R Swivel Forward(4).(9:00)
5 & 6 Lock Step L Diagonal(5) (7:30),Step R Behind L(&),Step Forward on L(6)
7 - 8 R Swivel Forward(7),L Swivel Forward(8).(9:00)

Tag(8 counts): After Wall 1 (facing 9 :00) and After wall 4(12:00)

ROCK, SHUFFLE, 2x

1 - 2 Rock Step R to right side ,Recover onto L
3 & 4 Cross R over L Shuffle(RLR)
5 - 6 Rock Step L to left side ,Recover onto R
7 & 8 Cross L over R Shuffle(LRL) (9:00)

RESTART: During Wall 6 after count16 (facing 3:00) , Than restart the dance again.

Have fun!!! Happy Dance

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