

Mi Mi Mi

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Nicky Tan (MY) - September 2014
音樂: Mi Mi Mi - SEREBRO



Dance starts after 36 (4x8's + 4 counts)

Section 1 : R Rock Recover, R Side Chasse, L Rock Recover, L Side Chasse

12 Rock RF to side, Recover on LF
3&4 Step RF to side, Step LF together, Step RF to side
56 Rock LF to side, Recover on RF
7&8 Step LF to side, Step RF together, Step LF to side (12:00)

Section 2 : R Flick, L Flick, Heels Split, Toes Split, R Cross, Behind, Side, Cross, Touch

&1 Flick RF behind & out to R side, Step RF beside LF
&2 Flick LF behind & out to L side, Step LF beside RF
&3 Both heels out, Both heels in
&4 Both toes out, Both toes in
56& Cross RF over LF, Step LF back, Step RF beside LF
78 Cross LF over RF, Touch RF beside RF (12:00)

Section 3 : Heels Swivel In & Out, Hip Bump RRLR

&1 Swivel both heels out & in (Advance : RF slightly lifted with weight on LF)
&2 Repeat &1
&3 Repeat &1
&4 Repeat &1
56 Step RF to side & do R hip bump twice
78 Hip bump to left then right ending with weight on RF (12:00)

Section 4 : Left Back Coaster, Hitch, Right Back Coaster, 1/4R Step , Hip Roll

1&2 Step LF back, Step RF together, Step LF forward
3 Lift R knee
4&5 Step RF back, Step LF together, Step RF forward
6 Turn 1/4R & Step LF to side (3:00)
78 Hip Roll anti-clockwise over 2 beats

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