

# All Over Now (zh)

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Daniel Trepát (NL) & Pim van Grootel (NL) - 2010年10月  
音樂: All Over Now - Eric Hutchinson : (CD: Sounds Like This)



前奏 : 32 count intro. 32拍後起跳

## 第一段 Right Diagonal Step Heel Toe Twist, Touch, Left Diagonal Step Heel Toe Twist, Touch

- 1-2 Step right diagonally forward right. Twist left heel in towards right. 右足斜角前踏, 左足踵向右旋轉
- 3-4 Twist left toes in towards right. Touch left beside right.  
左足趾向右旋轉, 左足併點
- 5-6 Step left diagonally forward left. Twist right heel in towards left.  
左足斜角前踏, 右足踵向左旋轉
- 7-8 Twist right toes in towards left. Touch right beside left.  
右足趾向左旋轉, 右足併點

## 第二段 Skates Back with Drags

- 1-2 Step right diagonally back right. Drag left towards right.  
右足斜角後踏, 左足拖併
- 3-4 Step left diagonally back left. Drag right towards left.  
左足斜角後踏, 右足拖併
- 5-6 Step right diagonally back right. Drag left towards right.  
右足斜角後踏, 左足拖併
- 7-8 Step left diagonally back left. Drag right towards left.  
左足斜角後踏, 右足拖併

## 第三段 Grapevine Right, 1/4 Turn, Scuff 1/4 Turn, Side Left, Touch, Side Right, Scuff

- 1-2 Step right to right side. Cross left behind right.  
右足右踏, 左足於右足後交叉踏
- 3-4 Step right 1/4 turn right. Scuff left forward making 1/4 turn right  
右轉90度右足踏, 右轉90度左足擦踢
- 5-6 Step left to left side. Touch right beside left.  
左足左踏, 右足併點
- 7-8 Step right to right side. Scuff left forward.  
右足右踏, 左足前擦踢

## 第四段 Jazz Box, Step 1/2 Pivot Step, Hold

- 1-2 Cross left over right. Step back on right.  
左足於右足前交叉踏, 右足後踏
- 3-4 Step left to left side. Step forward right.  
左足左踏, 右足前踏
- 5-6 Step forward left. Pivot 1/2 turn right.  
左足前踏, 右軸轉180度
- 7-8 Step forward left. Hold. 左足前踏, 候

## 第五段 3/4 Paddle Turn, Right Shuffle Forward

- 1-2 Make 1/4 turn left, pointing right to right side. Hold  
左轉90度右足右點, 候
- 3-4 Make 1/2 turn left, pointing right to right side. Hold.  
左轉180度右足右點, 候

5-6 Step forward right. Step left beside right.

右足前踏, 左足併踏

7-8 Step forward right. Hold. 右足前踏, 候

**第六段 Step 1/2 Pivot Step, Forward Full Turn Left, 1/4 Turn Left, Sweep**

1-2 Step forward left. Pivot 1/2 turn right.

左足前踏, 右軸轉180度

3-4 Step forward left. Hold. 左足前踏, 候

5-6 Make 1/2 turn left stepping back on right. Make 1/2 turn left stepping forward on left. 左轉180度右足後踏, 左轉180度左足前踏

7-8 Make 1/4 turn left (weight remains on left). Sweep right around and in towards left. 左轉90度(重心仍在左足), 右足繞至右

**RESTART DURING wall 5, restart dance at this point.**

第五面牆跳至此, 從頭起跳

**第七段 Side Right, Hook, Side Left, 1/4 Turn Hook, Right Shuffle Forward**

1-2 Step right to right side. Hook left in front of right.

右足右踏, 左足於右足前勾

3-4 Step left to left side. Make 1/4 turn right hooking right in front of left. 左足左踏, 右轉90度右足於左足前勾

5-6 Step forward on right. Step left beside right.

右足前踏, 左足併踏

7-8 Step forward on right. Hold. 右足前踏, 候

**第八段 Step 1/2 Pivot, Forward 1/2 Turn, Hold, Forward 3/4 Turn with Hitches**

1-2 Step forward left. Pivot 1/2 turn right. 左足前踏, 右軸轉180度

3-4 Make 1/2 turn right stepping back on left. Hold

右轉180度左足後踏, 候

5-6 Make 1/2 turn right stepping forward on right. Hitch left knee up.

右轉180度右足前踏, 左膝抬

7-8 Make 1/4 turn right stepping left to left side. Hitch right knee up.

右轉90度左足左踏, 右膝抬

---