

Nan Xiong Nan Di (Same boat)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Tina Chen Sue-Huei (TW) - September 2014
音樂: nan xiong nan di by Camy Tang



Start dance after vocal. - No Tag and No Restart.

Main Dance

S1. Box Steps, Diagonal Fwd And Touch Steps

1&2 Side step R, step L together, back step R
3&4 Step L, step together R, fwd step L
5&6 Facing (11.00) fwd step R, step together L, fwd step R
7&8 Facing (1.00) fwd step L, step together R, fwd step

S2. Back And Touch Steps, (Fwd And Pivot Turn) 2X

1&2& Back step R, touch L beside R, back step L, touch R
3&4& Back step R, touch L beside R, back step L, touch R
5&6 Fwd step R, pivot ¼ turn left step on L
7&8 Making a ¼ turn left fwd step R, pivot ¼ turn left step on L

S3. (Toe Struts And Side Rock Recover) 2X

1& Side touch R toe, step down onto R heel
2& Step L toe across R, step down onto L heel
3&4 Side rock R, recover on L, cross R over L
5& Side touch L toe, step down onto L heel
6& Step R toe across L, step down onto R heel
7&8 Side rock L, recover on R, cross L over R

S4. Fwd Back Back Hold & Back Fwd Fwd Hold, (Step Turn & Scuff) 2X

1&2 Fwd step R, back step L, back step R
3&4 Back step L, fwd step R, fwd step L
5&6&7&8& Fwd step R, making a ¼ turn left scuff, fwd step L, making a ¼ turn left scuff to complete a ¾ turn left....RL LR RL LR (6.00)

Start Again. - Happy Dancing!

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