

Banca Banca

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Ann-Kristin Sandberg (NOR) - September 2014
音樂: Banca Banca - E-Type : (iTunes)



Intro : 32 Count (20 sec)

BASIC CHA CHA STEPS-STEP FORW-BESIDE

1-2-3 Step right foot to right side, Step left foot forw, Recover onto right
4&5 Step left foot to left side, Step right next to left, Step left to left side
6-7 Step right foot back, Recover onto left
8& Step right foot forw, Step left next to right

STEPS FORW-PIVOT ½ TURN RIGHT-1/2 TURN RIGHT-SHUFFLE BACK-ROCK RECOVER-SIDE ROCK

1-2-3 Step right foot forw, Step left foot forw, Pivot ½ turn right stepping right forw (06.00)
4&5 ½ turn right stepping left foot back, Step right next to left, Step left foot back (12.00)
6-7 Step right foot back, Recover onto left
8& Step right foot to right side, Recover onto left

WALK x 2-SHUFFLE FORW-TOUCH-FLICK-CROSS SHUFFLE

1-2 Step right foot forw, Step left foot forw
3&4 Step right foot forw, Step left next to right, Step right forw
5-6 Touch left toe next to right, Flick left foot back
7&8 Cross left over right, Step right to right side, Cross left over right

¼ TURN LEFT-SIDE STEP-CROSS RECOVER-SIDE RECOVER-CROSS-BESIDE-KNEE SWITCHES

1-2 ¼ turn left stepping right foot back (03.00), Step left to left side
3&4& Cross right over left, Recover onto left, Step right to right side, Recover onto left
5-6 Cross right over left, Step left next to right
7&8 Cross right knee over left, Cross left knee over right, Cross right knee over left

RESTARTS : -

Wall 3 (facing 06.00) Dance first 16 counts & start again.

Wall 6 (facing 09.00) Dance first 16 counts & start again.

ENJOY!!

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