

Bitter Coffee

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4
編舞者: BM Leong (MY) - September 2014
音樂: Ku Ka Fei by Vivian Qiu

級數: Phrased Low Intermediate



Sequence of dance: AABB/AAAA/BBBB/AAA
Start the dance on vocal after 32 counts

SECTION A - 32 counts

BACK & FORWARD CHA CHA BASICS

1-2 Rock R forward, recover onto L
3&4 Cha cha backward on RLR
5-6 Rock L back, recover onto R
7&8 Cha cha forward on LRL

FORWARD MAMBO, HOLD, TRIPLE 3/4 LEFT, HOLD

1-2 Rock R forward, recover onto L
3-4 Step R together, hold
5-6 Turning 1/4 left step L forward, step R together
7-8 Turning 1/2 left step L forward, hold

RIGHT SIDE MAMBO, HOLD, DOUBLE ANTI-CLOCKWISE HIP ROLLS

1-2 Rock R to right side, recover onto L
3-4 Step R together, hold
5-8 Touching left toes slightly forward, do a double hip rolls in the anti-clockwise direction

LEFT SIDE MAMBO, HOLD, DOUBLE CLOCKWISE HIP ROLLS

1-2 Rock L to left side, recover onto R
3-4 Step L together, hold
5-8 Touching right toes slightly forward, do a double hip rolls in the clockwise direction

SECTION B - 32 counts

RIGHT SHOOP, SCUFF, SIDE, SHIMMY, SHIMMY, TOGETHER

1-2 Step R forward along right diagonal, step L together
3-4 Step R forward along right diagonal, scuff L forward
5-6 Step L to left side, shimmy shoulders
7-8 Shimmy shoulders, step R together

LEFT SHOOP, SCUFF, SIDE, SHIMMY, SHIMMY, TOGETHER

1-2 Step L forward along left diagonal, step R together
3-4 Step L forward along left diagonal, scuff R forward
5-6 Step R to right side, shimmy shoulders
7-8 Shimmy shoulders, step L together

RIGHT & LEFT TOE STRUTS, JAZZ BOX 1/4 TURN RIGHT

1-2 Touch right toes forward, step right heel down
3-4 Touch left toes forward, step left heel down
5-6 Cross R over L, step L back
7-8 Turning 1/4 right step R to right side, step L together

HEEL-TOGETHER X 2, JAZZ BOX

1-2 Touch right heel forward, step R together
3-4 Touch left heel forward, step L together

5-6 Cross R over L, step L back
7-8 Step R to right side, step L together

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