

I Could Be a Star

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Rene & Reg Mileham (UK) - September 2014
音樂: Cool to Be a Fool - Joe Nichols : (CD: Man with a Memory)



#16 count Intro - 114 bpm - Style: Country

Although this track should really have a restart – we have danced it straight through and it works for us

Section 1: Toe Strut, Kick, Kick. Toe Strut, Kick, Kick

- 1 – 2 Step Right toe forward, drop heel taking weight
- 3 – 4 2 small Kicks forward with Left foot
- 5 – 6 Step Left toe forward, drop heel taking weight
- 7 – 8 2 small Kicks forward with Right foot

Section 2: Side, Cross, Chasse. Side, Behind, Chasse

- 1 – 2 Step Right to side, step Left over Right
- 3 & 4 Step Right to side, close Left to Right, step Right beside Left
- 5 – 6 Step Left to side, step Right behind Left
- 7 & 8 Step Left to side, close Right to Left, step Left beside Right

Section 3: Side, Close, Shuffle forward. Side, Close, Shuffle forward

- 1 – 2 Step Right to side, close Left to Right.
- 3 & 4 Step Right forward, close Left beside Right, step Right forward
- 5 – 6 Step Left to side, close Right to Left
- 7 & 8 Step Left forward, close Right beside Left, step Left forward

Section 4: Right and Left side Mambos. Right Sailor turn. Left Sailor step

- 1 & 2 Rock Right to side, recover onto Left, step Right beside Left
- 3 & 4 Rock Left to side, recover onto Right, step Left beside Right
- 5 & 6 Turn ½ right crossing Right behind Left, step Left to side, step Right in place side
- 7 & 8 Step Left behind Right, step Right to side, step Left in place

(Easier option counts 5&6 Right coaster turn. 7&8 Left coaster step)

Optional – Towards end of dance music slows down - Section 4 - counts 5 – 8 - just sway to finish dance.

Alternate track: Rock 'n' Roll Angel – The Kentucky Headhunters – The Best of the Kentucky Headhunters-Still Pickin' CD long 64 count intro - 124 bpm

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