My Little Apple



拍數: 64 編數: 1 級數: Easy Intermediate

編舞者: Lily Ang (SG) - September 2014 音樂: Little Apple - Chopstick Brothers



Dance Sequence: ABB, Tag, ABB, Tag, BB, *Ending Tag 16 counts

Intro: 32 counts - Hand movement view video demo

Part A: 40

Section 1.. Cross Point Forward, Side Point, Step, Clap

1 2 3 4 Cross point forward on R, Point on to Right side, Cross point forward on R, Step together to

Left & Clap

5 6 7 8 Cross point forward on L, Point on to Left side, Cross point forward on L, Step together to

Right & Clap

Section 2.. Touch Behind, Side, Touch Forward, Hip Bumps

1 2 3 4 Touch Right cross behind Left, Step to Right, Touch Left cross behind Right, Step to Left

5 6 7 8 Touch forward Right, Hip bumps (with Hand Movement)

Section 3.. Cross Point Forward, Side Point, Step, Clap

1 2 3 4 Cross point forward on L, Point on to Left side, Cross point forward on L, Step together to

Right & Clap

5 6 7 8 Cross point forward on R, Point on to Right side, Cross point forward on R, Step together to

Left & Clap

Section 4.. Touch Behind, Side, Touch Forward, Hip Bumps

1 2 3 4 Touch Left cross behind Right, Step to Left, Touch Right cross behind Left, Step to Right

5 6 7 8 Touch forward Left, Hip bumps (with Hand Movement)

Section 5.. Walk Forward, Kick, Walk Back, Hitch x4

1 2 3 4 Walk forward Right, Walk forward Left, walk forward Right, Kick left forward

5 6 7 8 Walk back Left, Walk back Right, Walk back Left, Right Hitch

Part B: 24

Section 1.. Jump Forward Diagonal & Bounces, Hand Movement View Video Demo x2

&1&2 &3&4 Jump Left diagonal & bounce twice, Jump Right diagonal & bounce twice

5 6 7 8 Move both hands in cycle, Spread hands out palm facing outwards

Section 2.. 1/4 Turn Stomp, 1/2 Turn Walk Forward, Brush

1 2 3 4 Making ¼ R turn & stomp right step right in place (with Hand Movement) (3.00)

5 6 7 8 Making ½ L turn Walk forward Left, R, L, R brush (with Hand Movement) (9.00)

Section 3.. Jazz Box ¼ Turn, Rocking Chair With Shimmy

1 2 3 4 Cross right over left, Step left back, turn ¼ right and step on right, Step on left next to right

5 6 7 8 RF forward, lean body forward & shake shoulder twice, Rock back to RF Lean body back &

shake shoulder twice (12.00)

Tag: Twist Swivel, Flick x4

1 2 3 4 Twist swivel heels right, left, right, left Flick5 6 7 8 Twist swivel heels left, right, left, right Flick

*Ending: Tag 16 counts

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