Forever Cha

拍數: 32

級數: Intermediate Cha Cha

編舞者: Maddison Glover (AUS) - August 2014

音樂: In a Moment Like This - Jay & Lianie May: (iTunes)

Begin dance after count 24.

Side, Back, Replace, ¼ Side Shuffle, Syncopated Cross/Rock, Side/Rock, Coaster

- Step L to L side, rock back onto R, replace weight fwd onto L, Step R to R side, step L beside 1.2.3.4&5 R, turn ¼ R stepping fwd onto R
- 6&7&8&1 Cross rock L over R, replace weight onto R foot, rock L to L side, replace weight onto R, turn 1/8 L stepping L back, step R together, □Step L fwd (1:30)

Walk, Walk, Step Lock Step, 3x Syncopated Step Locks, Step Fwd. (making 5/8arc)

The next 8 counts will be done whilst making a 5/8 arc left-Imagine walking around a chair.

- Walk R fwd, step fwd onto L, 2,3
- 4&5 Step R fwd, lock L behind R, Step R fwd, (10:30)
- 6&7&8&1 Step L fwd, lock R behind L, step L fwd, lock R behind L, Step L fwd, lock R behind L, Step L slightly fwd. (6:00)

Cross, Side, Sailor Step, Cross, 1/4, Side Shuffle

- 2,3,4&5 Cross R over L, step L to L side, step R behind L, step L to L side, Step R in place.
- 6,7,8&1 Cross L over R, turn ¼ L stepping back on R, Step L to L side, Step R together, Step L to L side (3:00)

Point Across, Point Side, Sailor Step, Cross Rock/Replace, Side, Together

- 2,3,4&5 Point R across L onto L diagonal, point R to R side, Step R behind L, step L to L side, step R in place
- 6,7,8& Cross rock L over R, replace weight onto R, step L to L side, step R together. (3:00)

The count may be confusing at first because it is 1,2,3,4&5 rather than 1,2,3&4.

Restarts: Both restarts occur facing 12:00.

During the fourth sequence, start the dance facing 9:00. Dance up to count 24& and restart facing 12:00. During the sixth sequence, start the dance facing 6:00. Dance up to count 16& and restart facing 12:00.

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牆數: 4