Somethin' Bad



拍数: 48 墙数: 4 级数: High Beginner

编舞者: Jean Welser (USA) - September 2014

音乐: Something Bad by Miranda Lambert And Carrie Underwood



Starts 32 counts after end of intro vocals "Stand on the box...."

This dance also goes well to "American Kids" (Kenny Chesney) or, for a slower practice, to "What I Can't Put Down" (Jon Pardi) or to "Day Drinking" (Little Big Town)

TWO TOE FANS

1,2,3,4 Heel stationary, fan right toe out and in (2 counts); repeat with left foot

TWO OUT/INS

5,6,7,8 Touch right foot out to side, then touch together; touch right heel forward, then step together 1,2,3,4 Touch left foot out to side, then touch together; touch left heel forward, then step together

STRUTTING TURN

5,6,7,8 Quarter turn to right – right toe touch, drop heel; left toe touch, drop heel

TWO VINE HITCHES

1,2,3,4 Vine three steps to right (r,l,r) and hitch with left foot while making ¼ turn to right on hitch

5,6,7,8 Vine three steps to left (I,r,I) and hitch with right foot

BACK STEPS

1,2,3,4 Two back "toe struts" (touch right toe back, drop heel; touch left toe back, drop heel)

5,6,7,8 Two more back "toe struts" (right, left) while making ½ turn to left

JUMP-SLIDES

1,2,3,4 Jump-slide both feet forward facing diagonal left, then jump-slide both feet back; jump-slide

both feet

forward facing diagonal right, then jump-slide both feet back

5,6,7,8 Repeat (jump-slide diagonal left, then right)

(Alternate steps to jump-slides – bend knees left and right twice or do "apple jacks" for 8 counts)

VINE

1,2,3,4 Four count vine to right (right side, left behind, right side, left cross)

ROCK AND CROSS□

5,6,7,8 Rock to right, recover left; cross right over left and step left.

You finish on the 3:00 wall. REPEAT to end of song. No Tags or Restarts.

(To finish on the front wall, the last 4 counts should be rock right, recover left, make quarter turn left on to right, and step left together.)

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