

Nothing to Lose

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Ria Vos (NL) - August 2014
音乐: Don't Play With Me - Alex Young : (Single)



Intro: 32 Counts

R Dorothy, Diagonal Step, Touch, R Rock with Lean, ¼ L, ½ L, ¼ L Behind-Side-Cross

1-2& Step R Fwd to R Diagonal, Lock L Behind R, R Small Step Fwd to R Diagonal
3& Step L Fwd to L Diagonal, Touch R Next to L
4 Rock/Lean R to R Side with Body Angled R
5-6 ¼ Turn L Recover on L, ½ Turn L Step Back on R Sweeping another L ¼ Turn L
7&8 Step L Behind R, Step R to R Side, Cross L Over R

& Cross, ¼ R, Step ¼ Pivot, Cross, & Together, Diagonal Step, ¼ R, Side, Cross, Tap

&1-2 Step on Ball of R to R Side, Cross L Over R, ¼ Turn R Step Fwd on R
3&4 Step Fwd on L, Pivot ¼ Turn R, Cross L Over R
&5 Step/Jump R to R Diagonal, Step L Next to R
6-7 Step R Fwd to L Diagonal, ¼ Turn R Step Back on L
&8& Step R to R Side, Cross L Over R, Tap R Next to L ***Restart Point

1/8 Turn R Lunge Fwd, Coaster Step, 1/2 L, 1/2 R, Step ½ R Pivot Step

1-2 1/8 Turn R Rock/Lunge on Ball of R Fwd, Recover on L (11:30)
3&4 Step Back on R, Step L Next to R, Step Fwd on R
5-6 Twist ½ Turn L weight on L, Twist ½ Turn R weight on R
7&8 Step Fwd on L, Pivot ½ Turn R, Step Fwd on L (4:30)

Ball-Step, Scuff Hitch ¼ L, Side Bump, ¼ L Sit Down, Step, Full Turn L, Step, Ball-

&1 Step on Ball of R Next to L, Step Fwd on L
2&3 Scuff R Next to L, Hitch R ¼ Turn L, Step and Bump R to R Side (1:30)
&4 Recover on L, ¼ Turn L Bump Back (Sit Down) (11:30)
5 Step Fwd on L
6-7 ½ Turn L Step Back on R, ½ Turn L Step Fwd on L
8& Step Fwd on R, Step on Ball of L Next to R (go into your R Diagonal to start again)

Restart: On wall 2 After Count 16& (6:00)

Tag: After wall 5 (9:00) & 6 (6:00)

Out-Out, Coaster Step, Ball-Step Pivot ½ R, Paddle ½ Turn L

1-2 Step Out on R, Step Out on L
3&4 Step Back on R, Step L Next to R, Step Fwd on R
&5-6 Step L Next to R, Step Fwd R, Pivot ½ Turn L
&7&8 Hitch R ¼ Turn L, Point R to R Side, Hitch R ¼ Turn L, Point R to R Side

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