

# Superbad

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Dawn Rathbun (USA) - September 2014  
音乐: Superbad - Jesse McCartney



---

## Cross Rock Back, Touch, Cross Rock Back, Step, Cross Rock Front, Step, Cross Unwind 1/2 Turn

1&2      Cross R Back, Recover L, Touch R Toe Out Slightly Diagonal  
3&4      Cross R Back, Recover L, Step R Slightly Diagonal Fwd  
5&6 7 8      Cross L Front, Recover R, Step Side L, Cross R, Unwind 1/2 Turn Left (weight on R)

## Sailor Steps 2x, Hold, Ball, Step, Rock

1&2 3&4      Step L behind R, Ball R, Step side L, Step R behind L, Ball L, Step slightly diagonal Fwd R  
5&6 7 8      Hold, Ball L, Step slightly diagonal Fwd R, Cross L Front, Recover R

## Sweep, Sweep, Coaster, Forward Out Out, Back In In

1 2 3&4      Sweep L back, Sweep R back, Step back L, together R, Step Fwd L  
&5 6&7 8      Step Fwd out R, Step side out L, Hold, Step back in R, Step in L, Hold

## Cross Walks 2x, Cross 3/4 Unwind, Rock & Cross

1 2 3 4      Cross R, Hold, Cross L, Hold  
5 6 7&8      Cross R, Unwind 3/4 turn left (weight on R), Step side L, recover side R, Cross L

## Rock & Cross 2x, Touches

1&2 3&4      Step side R, recover side L, Cross R, Step side L, recover side R, Cross L  
5&6&7&8&      Touch R toe to side, come together, touch L toe side, come together, Repeat touches

## Toe Struts, Rock, Step Back, Together

1 2 3 4      Touch R toe Fwd, drop the heel, L toe, drop heel

## Restart here: Wall 8

5 6 7 8      Step Fwd R, Recover back L, Step back R lunge, Together with L (weight L)

## 3/4 Turn Step Box, Cross Rock Back, Step, Cross Rock Back, 1/4 Step Forward

1 2 3 4      Step side R, Step L 1/4 turn Left, Step R 1/4 turn Left, Step L 1/4 turn Left  
5&6 7&8      Step R behind, Recover L, Step side R, Step L behind, Recover R, Step L Fwd 1/4 turn Left

## Full Turn Shuffle Box

1&2 3&4      Step R 1/4 turn Left, together L, Step R side, Step L 1/4 turn Left, together R, Step L side  
5&6 7&8      Step R 1/4 turn Left, together L, Step R side, Step L 1/4 turn Left, together R, Step L side

Restart Front Wall after toe struts 8th wall

REPEAT

Dawn Rathbun - Spindawnsin DJ & Instructor  
linedancer121@verizon.net - 508-397-4309

Last Update - 30th Oct 2014

---